Complied by **Rola Badkook**

عُمرَة

إِنَّ أَوَّلَ بَيْتٍ وُضِعَ لِلنَّاسِ لَلَّذِي بِبَكَّةَ مُبَارَكًا

لِأَوَّلِ عُمرَةٍ

Complied by
Rola Badkook

عُمِّرَهُ لأوَّلِ مَرَّةٍ

(Your First ‘Umrah)

Illustrations & Design by
Salah Hassan

Understanding ‘Umrah

“’Umrah is the visitation by which one intends to revive the love between the slave and his Lord”. (Al-Samin al-Halabi, 'Umdat al-Huffaz fi Tafsir Ashraf al-Alfaz, vol. 3, p. 123)

When you intend to go for ‘Umrah, you should try to impress upon yourself the feeling that you have endeavored to revive the affection and love between yourself and Allāh ﷻ. Try to feel that Allāh ﷻ has favored you and honored you by facilitating for you the visit to His Sacred House, and that, that is a grace and generosity from Him ﷻ, with which He has honored all those servants who reach His House.

Endeavor to prepare your supplications and bring to mind everything for which you wish to supplicate. Remember that Allāh ﷻ does not reject any concern of His guests in the place of humility, humbleness and brokenness. And you are one of them. So, when you intend to perform ‘Umrah, you must bathe and perform ablution. Then, you should don the robes of Ihrām. For a man, they are a lower garment and an upper garment which are both white. For a woman, it is a single, clean garment that covers her entirely. The goal of Ihrām is divestment, disentanglement and reduction of all habits and worldly matters, so that you may rid yourself and distance yourself from all that veils you from Him ﷻ, preparing to proceed and arrive before Him.

As you don the robes of Ihrām, impress upon yourself the meaning of His جَلَّ جَلَالُهُ words, “No believer passes his day in the state of Ihrām, except that the sun disappears along with his sins.”

After you have donned the Ihrām, pray two rak‘ahs and intend, in your heart, to perform ‘Umrah. And say, as the Messenger of Allāh جَلَّ جَلَالُهُ taught us, the “Labbayk” of ‘Umrah. And if you wish, add to it, “Thus, if something prevents me, then my place is where You have held me back.” In other words, if you are unable to complete the ‘Umrah, due to illness or something else, you are seeking that Allāh جَلَّ جَلَالُهُ excuse your failure to complete this rite.

I also remind you of the integrals of ‘Umrah. The first is Ihrām, which is the intention to enter into the rites (of ‘Umrah). The second is the Tawāf of the House in seven complete circuits. Third is jogging between Safā and Marwah in seven full circuits. Lastly, there is shaving or cutting the hair in order to come out of the Ihrām.

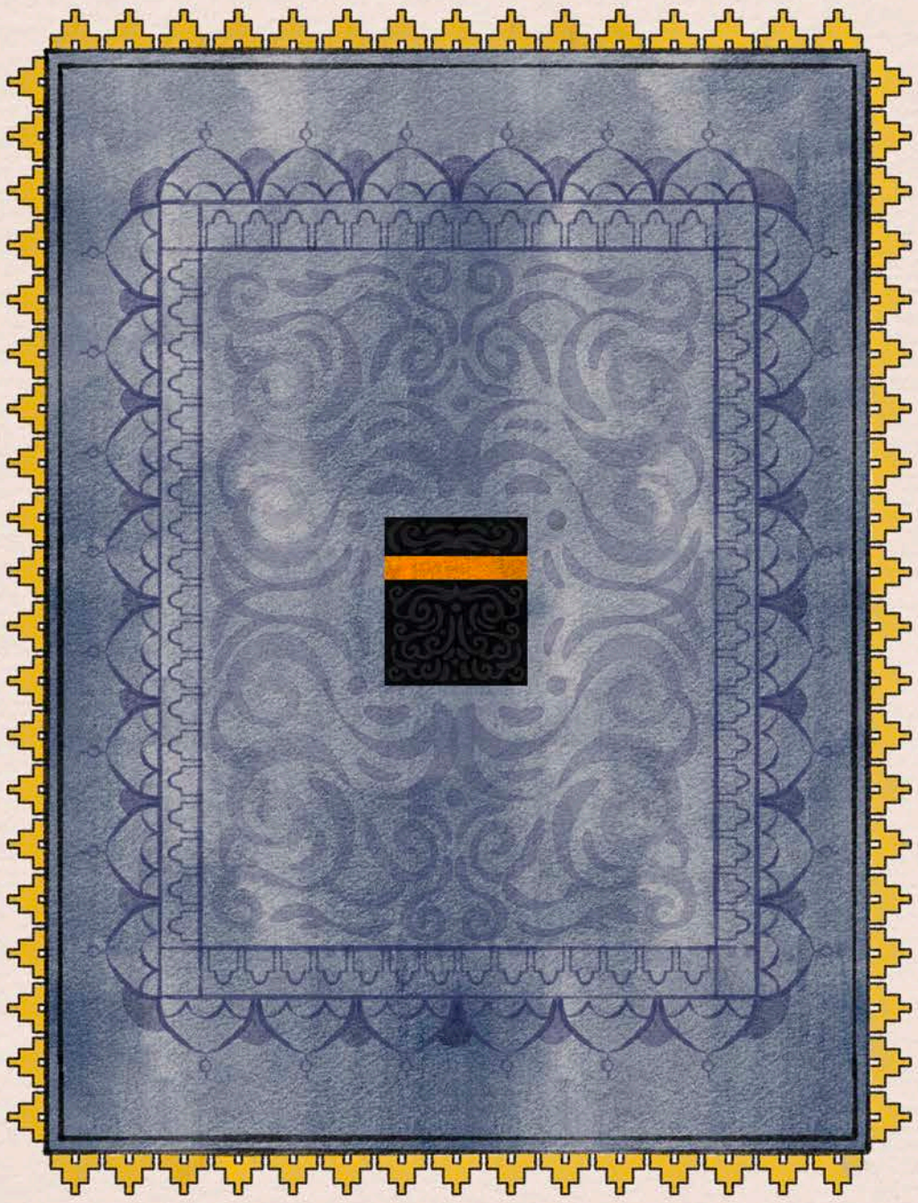
If this is your first ‘Umrah, you will no doubt big filled with enthusiasm and happiness. For this is your first time visiting the Sacred House of Allāh. Thus, in that state, you may be affected by feelings of longing, reverence, veneration, which cause you anxiousness in the Holy Precincts.

That may be mixed with the emotions of anxiety, claustrophobia and doubt that you know what is incumbent upon you during your visit to the Sacred House of Allāh in order to complete the performance of ‘Umrah. For that reason, we have written this book in order to clarify all the legislated rites, so that you will be prepared and ready. Perhaps, each visit to the Sacred Mosque will be as if it were your first visitation.

Such is the veneration for the Holy Precincts and happiness with nearness to Allāh ﷻ. Allāh ﷻ has said, “When we made the House a place of gathering for mankind, and a sanctuary. And take, from the station of Ibrāhīm a place of prayer. And We charged Ibrāhīm and Ismā‘īl, ‘Purify My House for those who perform the Tawāf, for those who retreat there for worship and those who bow and prostrate’.” (Al-Baqarah, 125)

Accept all of your feelings and enter upon Allāh ﷻ with your longing, fear, hope, desire that He accepts from you. Remember also that this place, in this this piece of land mirrors the House of Allāh al-Ma‘mūr, in the seventh Heaven, completely parallel to the Ka‘bah. Every day, seventy thousand Angels perform Tawāf around it, never to return after having completed their Tawāf. This is just as the Prophet ﷺ said when recounting his Isrā’ and Mi‘rāj, “Behold, we were at al-Bayt al-Ma‘mūr. Every day, seventy thousand Angels enter it never to return to it.

The Meccan Sanctuary



When you arrive in the Sacred Land, and enter Makkah, raise your hands in thankfulness and gratitude because Allāh will have honored you with the blessing of arriving to the purest piece of land on the face of this Earth. It is the sanctuary of the King of Kings and the cradle of Islām. Due to the glory of this place, it is necessary that you respect its sanctity. Preserve your heart from evil intentions. And beautify your thoughts about every Muslim. Guard your tongue from disgraceful speech, such as backbiting or speaking ill of people. And make all of your actions righteous and beneficial. So, whoever you wish to let pass into any place or onto any street, let them pass. And whoever treats you badly— may Allāh not decree it— overlook him. And observe etiquette with the neighbors of this Ancient House.

The Supplication for Entering the Sacred Precincts and Makkah

Recite the following supplication:

الحمـــد للّٰـــه رب العالمين، اللهـــم صـــلِّ على سيدنا محمـــد وعلى آله وصحبـــه أجمعين، اللهـــم هذا حَرَمُـــك وأمنك؛ فحرِّمني يـــا اللّٰه على النـــارِ وآمِنِّي مـــن عذابـــك يـــوم تبعـــث عبـــادك. اللهم اجعـــلني من أحبابك وأهل طاعتـــك، اللهم اغفر لي ولأحبـــابي. اللهم استر كلَّ عيبٍ، واكشـــف عنَّـــا كلَّ كربٍ، واجعلنـــا منْ أهـــلِ الجنَّة. يا اللّٰه، يـــا اللّٰه، يا اللّٰـــه. وصلِّى اللهـــم على عبـــدك ورســـولك سيدنا محمـــد وعلى آله وصحبه وســـلم برحمتك يـــا أرحم الراحـــمين، يا أرحـــم الراحمين، يا أرحم الراحمين.

اللهـــم إن هـــذا البلد بلـــدك، والبيـــت بيتـــك، جئتك يا إلهـــي أطلب رحمتك، أســـألك ســـؤال المضطر إليك أن تستقبلني يـــا اللّٰه بعفوك، وأن تتجـــاوز عني برحمتـــك، وأن تدخـــلني وأحبـــابي وأهلي جنتك بلا عـــذاب، آيون تائبون لربنا حامـــدون، الحمد للّٰه كـــثيرا على تيسيرك، اللهـــم لك الحمد شـــكرًا كـــثيرًا، ولـــك المنـــة والفضـــل، سبحانك لا شريك لك، فلك الحمد.

Translation

All praise is due to Allāh, Lord of all the worlds. May Allāh send prayers upon our Master Muhammad, his family and companions altogether. O, Allāh, this is Your sanctuary and refuge. So, forbid for me, o, Allāh, the Fire and safeguard me from Your punishment on the Day You will resurrect Your servants. O, Allāh, place me among Your beloveds and the people who obey You. O, Allāh, forgive me and my beloveds. O, Allāh, cover every fault, remove from us every difficulty and place us among the people of Paradise. O, Allāh. O, Allāh. O, Allāh. Send prayers, o, Allāh, upon Your slave and Messenger, our Master Muhammad, his family and companions, and extend them a greeting of peace, through Your mercy, o, Most Merciful of the merciful. O, Most Merciful of the Merciful. O, Most Merciful of the merciful.

O, Allāh, indeed, this land is your land. This house is Your house. I have come to You, o, my God, seeking Your mercy. I ask You with the request of the one in need of You, to turn towards me, o, Allāh with Your pardon, to pass over me Your mercy, and to enter me, my beloveds and my family into Your Paradise without any punishment. We are returning and repenting, and praising our Lord. All praise is due to Allāh, much, for Your facilitation. O, Allāh, to You belongs all praise and thankfulness often. And Yours is the blessing and grace. Glorified are You. You have no partner. And to You belongs all praise.

The Supplication for Entering the Sacred Precincts and Makkah

اَللّٰهُمَّ أَنْتَ رَبِّي وَأَنَا عَبْدُكَ، وَهٰذَا الْحَرَمُ حَرَمُكَ، وَالْأَمْنُ أَمْنُكَ. جِئْتُكَ يَا اَللّٰهُ مِنْ بِلَادٍ بَعِيدَةٍ رَاغِبًا فِي رَحْمَتِكَ، طَالِبًا رِضَاكَ، مُتَعَلِّقًا بِعَفْوِكَ، سَائِلًا أَلَّا تَرُدَّنِي. أَدْخِلْنِي فِي رَحْمَتِكَ الْوَاسِعَةِ، وَأَعِذْنِي مِنَ الشَّيْطَانِ الرَّجِيمِ. وَصَلِّ اَللّٰهُمَّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَصَحْبِهِ وَسَلِّمْ فِي كُلِّ لَحْظَةٍ عَدَدَ خَلْقِهِ، وَرِضَا نَفْسِهِ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ. ثُمَّ اقْرَأِ الْفَاتِحَةَ نِيَّةَ أَنْ يَجْعَلَكَ اَللّٰهُ فِي أَمْنِهِ، وَلُطْفِهِ، وَعَطْفِهِ، وَأَنْ يُنَزِّلَ عَلَيْكَ عَطَايَاهُ، وَمِنَحَهُ، وَهِبَاتِهِ، وَيَصْرِفَ عَنْكَ كُلَّ فِتْنَةٍ، وَبَلِيَّةٍ، وَشَرٍّ.

Translation

O, Allāh, You are my Lord. And I am Your slave. This is sanctuary is Your sanctuary. This refuge is Your refuge. I have come to You, o, Allāh, from a far off land, hoping for Your mercy, seeking Your satisfaction, and desiring Your pardon, asking You to not refuse me. Enter m into Your vast mercy. And grant me refuge from the Accursed Shaytān. Send prayers, o, Allāh upon our Master Muhammad, his family and companions and extend them a salutation of peace, in every as many as the things that You have created, as much as satisfies You, as much as equals the adornment of Your Throne and as much as the ink of Your words.

Afterwards, you should recite Sūrah al-Fātitah with the intention that Allāh places you in HIs safety, subtle mercy and compassion, and that He grants You generously of His gifts, His blessings and His endowments, and that He divert from You every trial, test and evil.

(Al-Fātihah)

The Noble Ka‘bah

Upon entering the Sacred Mosque, you should try to be conscious of the act that you are entering the Sacred House of Allāh, that your footsteps are approaching His sanctuary, and that you are stepping in the footsteps of the Prophets and the righteous. For, our Master Ibrāhīm built the Noble Ka‘bah with his son (peace be upon them both). You should be conscious of the fact that the footsteps of the Master of Messengers, our Master Muhammad ﷺ stepped in this same place and walked in it. And all the Companions and righteous had passed over this spot while performing Tawāf and performing worship and prayer within it. Supplicate Allāh that your footsteps, intentions and actions should be purely for the sake of His noble countenance, and that your traveling should be towards the truth, following the guidance of our most noble Messenger.

When Entering the Sacred Mosque

Bring to mind the exaltedness of the Noble Ka'bah, and that it stands as a reflection of al-Bayt al-Ma'mūr, which is in the seventh Heaven. Thus, we worship Allāh and pray upon the Earth. And the Angels worship him in Heaven. Bring to mind, as well, the story of Abrahah al-Habashī, when he proceeded towards Makkah, intending to demolish the Ka'bah because people preferred to visit it instead of the Ka'bah that he had built in Yemen.

Near it (Makkah), the grandfather of the Messenger of Allāh ﷺ, 'Abd al-Muttalib came out to Abraha. He said to him, "The House has a Lord that protects it." So, Allāh ﷻ sent flocks of birds which cast stones of smoldering clay at his army and his elephants. And they all perished.

When Entering the Sacred Mosque

When you proceed to enter the Sacred House, place your right foot first and say:

بِسْــمِ اللّٰهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُــولِ اللّٰه، اللَّهُمَّ افْتَــحْ لِي أَبْوَابَ رَحْمَتِــكَ، أَعُــوذُ بِاللّٰهِ العَظِيمِ وَبِوَجْهِــهِ الكَرِيمِ وَسُــلْطَانِهِ القَدِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

"In the Name of Allāh. May prayers and peace be upon the Messenger of Allāh. O, Allāh, open for me the doors of Your mercy. I seek refuge in Allāh, the Immensely Great, and in His noble countenance and eternal sovereignty, from the Accursed Shaytān."

When Entering the Sacred Mosque

اَللّٰهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، فَحَيِّنَا بِالسَّلَامِ، وَأَدْخِلْنَا بِرَحْمَتِكَ دَارَ السَّلَامِ. تَبَارَكْتَ وَتَعَالَيْتَ، يَا ذَا الْجَلَالِ وَالْإِكْرَامِ. أَعُوذُ بِاللّٰهِ الْعَظِيمِ، وَبِوَجْهِهِ الْكَرِيمِ، مِنَ الشَّيْطَانِ الرَّجِيمِ. بِسْمِ اللّٰهِ، وَالْحَمْدُ لِلّٰهِ. اَللّٰهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ. اَللّٰهُمَّ اغْفِرْ لِي ذُنُوبِي، وَافْتَحْ لِي أَبْوَابَ رَحْمَتِكَ، وَسَهِّلْ لِي أَبْوَابَ رِزْقِكَ.

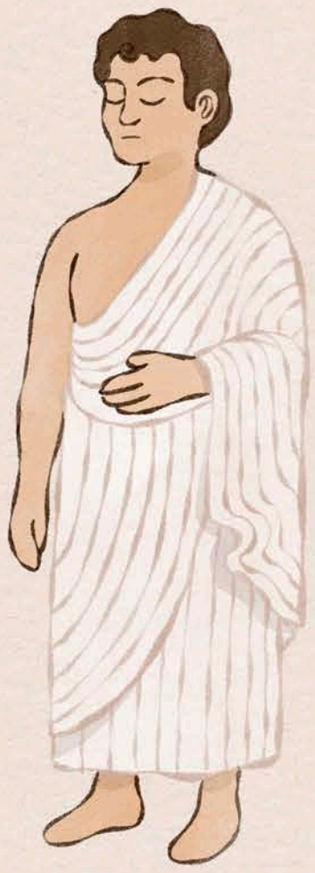
O, Allāh, You are the Guardian of peace. From You is all peace. Cause me to live in peace. And enter me, through Your mercy, into the Abode of Peace. Blessed are You, and Exalted, o, Owner of Majesty and Honor. I seek refuge in Allah, the Immensely Great, and in His noble countenance, from the Accursed Shaytān. In the Name of Allāh. All praise is due to Allāh. O, Allāh send prayers upon our Master Muhammad, his family and companions and extend them a salutation of peace. O, Allāh forgive my sins and open for me the doors to Your mercy. And facilitate for me the doors of Your providence.

When you look at the Ka‘bah

اَللّٰهُـمَّ زِدْ هٰذَا الْبَيْـتَ تَعْظِيمًا وَتَشْرِيفًا وَتَكْرِيمًا وَمَهَابَـةً، وَزِدْ يَا رَبِّ مَنْ شَرَّفَـهُ وَعَظَّمَـهُ وَكَرَّمَـهُ مِمَّـنْ حَجَّـهُ أَوِ اعْتَمَـرَهُ تَشْرِيفًـا وَتَكْرِيمًا وَتَعْظِيمًـا وَرِفْعَـةً وَبِـرًّا. اَللّٰهُـمَّ طَهِّرْ قَـلْبِي مِـنَ النِّفَاقِ، وَعَـمَلِي مِنَ الرِّيَاءِ، وَلِسَـانِي مِنَ الْكَـذِبِ، وَعَيْنِي مِـنَ الْخِيَانَةِ، فَإِنَّـكَ تَعْلَمُ خَائِنَةَ الْأَعْيُنِ وَمَا تُخْفِي الصُّدُورُ.

“O, Allāh, increase this House in veneration, nobility, honor and esteem. And, increase, o, my Lord, in nobility, honor, veneration, elevation and blessing, whoever honors it, venerates it and ennobles it, from among those who perform the Hajj or the ‘Umrah. O, Allāh, purify my heart of hypocrisy, my works from showing off, my tongue from lying, and my eyes from treachery. Indeed, You know the treachery of the eyes and what the hearts conceal.”

Donning the Ihrām



When you wish to perform the tawāf, you must uphold the following:

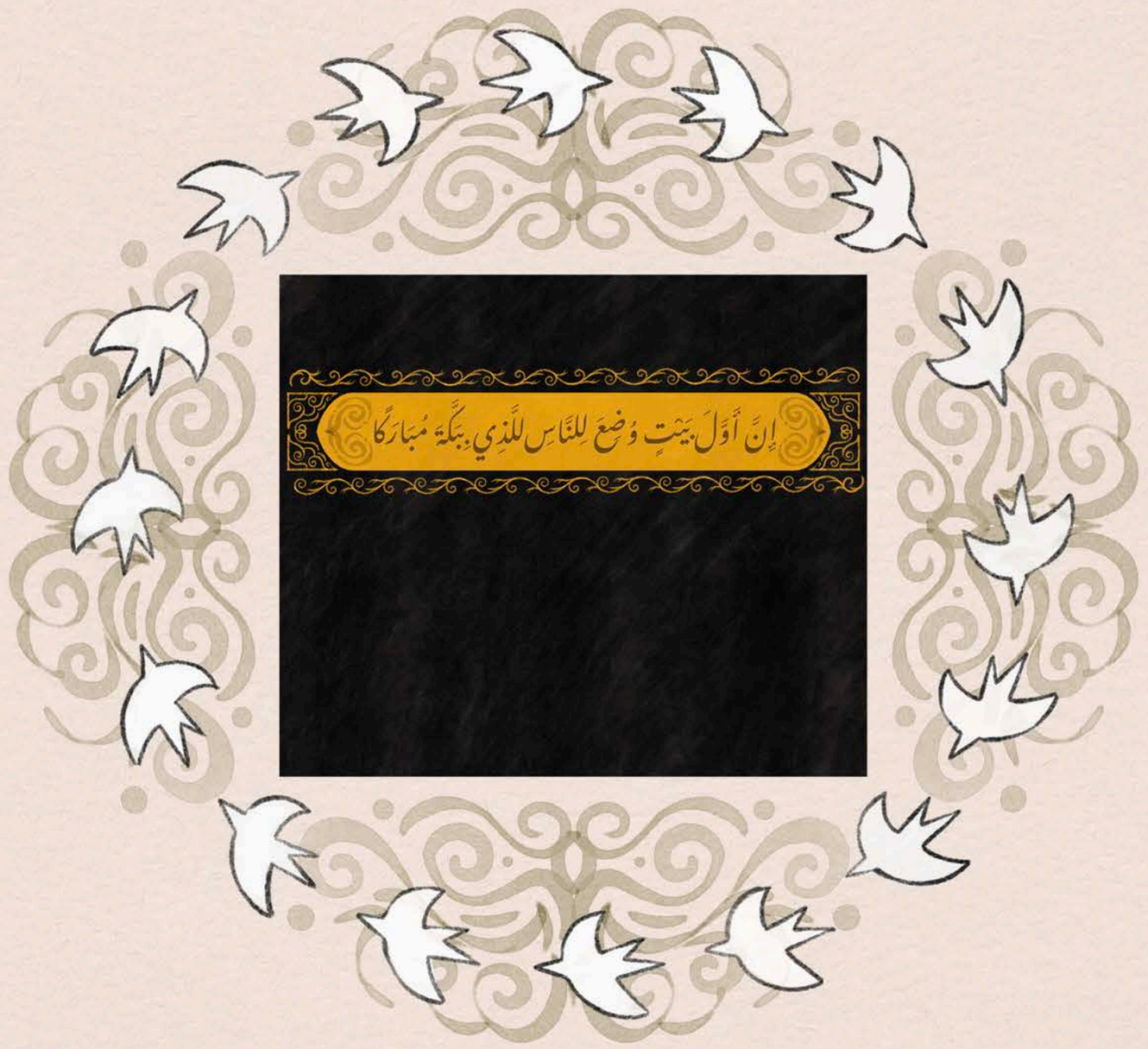
Tawāf is like the prayer. It is imperative that you have physical purity and wudū' while performing it. From the sunnah for men is al-idtibā', which is to uncover his right shoulder and cover his left shoulder with the upper garment of the Ihrām. During the Tawāf, be conscious of the fact that you are in front of Allāh ﷻ, and that you are at His door and He is looking at you. Be conscious of the value of your footsteps around the noble Ka'bah. He ﷺ said, "Whoever performs the Tawāf around the House seven times, counting them, and then performs two rak'ahs of prayer, it will be as if he has freed a slave. No man places his foot down, or lifts it, except that Allāh records it for him as a good deed, and erases from his record an evil deed. And He raises him by it one degree."

By seven times, he meant seven circles around it.

The Black Stone

If you are able to kiss the Black Stone, or to salute it, at it will bear witness on your behalf on the Day of Judgement, just as he ﷺ stated, "Indeed, touching the Black Stone and the Yemeni Corner removes all errors in one fell swoop." Try to feel your sins, as if they are falling off, and feel the pleasure (of that) as you touch it. The Messenger of Allāh ﷺ said, "The Stone and the Station (of Ibrāhīm) are two rubies from the rubies of Paradise. Allāh removed their light. If He had not removed their light, they would illuminate everything between the East and the West."

Tawāf



Begin your Tawāf with a sincere intention in your heart. And make your work purely for the sake of Allāh جَلَّ جَلَالُهُ alone. And supplicate Allāh that He grant you, through each footstep that you take, a blessing and a light in your life and after your death, and that He accepts from you and from all the Muslims. At the beginning of your Tawāf, raise your right hand towards the door of the Ka'bah and before beginning each circuit. Say:

بِسْمِ اللّٰهِ، اللّٰهُ أَكْبَرُ اللّٰهُ أَكْبَرُ اللّٰهُ أَكْبَرُ، وَلِلّٰهِ الحَمْدُ

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. And to Allāh belongs all praise.

Note

No specific supplication has been narrated from the Messenger of Allāh ﷺ for each circuit of Tawāf or Sa'ī. Rather, these are chosen from the collection of the supplications of the righteous. And the best of supplications is that which is in praise of Allāh, then seeking a need.

The First Circuit

اَللّٰهُمَّ إِنَّــكَ تَكْسِبُتْ وَنَعَمْــتَ عَلَيَّ بِالْوُصُولِ إِلَى بَيْتِــكَ الْحَرَامِ. اَللّٰهُمَّ إِنِّي جِئْتُــكَ طَائِعًا، فَاقْبَلْنِي عَلَى مَــا فِيهِ نِعْمَتُكَ وَالْهِدَايَــةُ إِلَى الصِّرَاطِ الْمُسْتَقِيــمِ، وَاللَّفِيــفِ عَلَيْــهِ مِــنَ النَّبــيِّينَ وَالصِّدِّيقِينَ وَالشُّــهَدَاءِ وَالصَّالِــحِينَ. اَللّٰهُــمَّ أَسْــأَلُكَ أَنْ أَكُــونَ مِمَّنْ نَظَــرْتَ إِلَيْــهِ بِوَجْهِكَ الْكَرِيــمِ فَقَبِلْتَهُ، وَأَجَــزْتَ لَهُ الْعَطَايَــا وَرَحْمَتَكَ، وَضَاعَفْتَ لَــهُ الْهِبَاتِ وَأَكْرَمْتَــهُ. يَــا رَبِّ جِئْتُكَ مُعْتَرِفًا بِــذَنْبِي وَسَيِّئَاتِي، وَأَنْــتَ أَمَلِي، وَكَيْفَ يَخِيــبُ مَــنْ أَنْتَ أَمَلُــهُ؟ يَا رَاحِمَ الْمَسَــاكِينِ، يَــا أَرْحَمَ الرَّاحِــمِينَ، يَا أَرْحَمَ الرَّاحِمِينَ، يَا أَرْحَمَ الرَّاحِمِينَ.

O, Allāh, You honored and blessed me to arrive at Your House. O, Allāh, I have come to You in obedience. So, turn towards me, o, Allāh, with Your blessings and with guidance towards the Straight Path, along with those who have been favored among the Prophets, the Champions of Truth, the martyrs and the righteous. O, Allāh, I ask you that I may be from among those whom You have looked at with Your noble countenance, whom You have accepted and have showered generously with Your endowments and mercy, and for whom You have multiplied his gifts and whom You have honored. My Lord, I have come to You, recognizing my sins and my errors. You are my hope. How can the one for whom You are his hope be destroyed? O, You who shows mercy to the destitute. O, Most Merciful of the merciful. O, Most Merciful of the merciful. O, Most Merciful of the merciful.

Next to the Yemeni Corner

(It was named this because it faces the corner of Yemen)
‘Abdullāh ibn al-Sā’ib narrated that he heard the Prophet ﷺ say,
in the area between the Yemeni Corner and the Black Corner:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً، وَفِي الْآخِرَةِ حَسَنَةً، وَقِنَا عَذَابَ النَّارِ

“Our Lord, grant us good in this world, and good in the Hereafter,
and save us from the punishment of the Fire.”

رَبَّنَا تَقَبَّلْ مِنَّا، إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ، وَتُبْ عَلَيْنَا إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ. وَصَلِّ اَللّٰهُمَّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَصَحْبِهِ وَسَلِّمْ.

Our Lord, accept from us. Indeed, You are the All-Hearing, the All-Knowing. And accept our repentance. Indeed, you are the Oft-Accepting of repentance, the Most Merciful. May Allāh send prayers upon our Master Muhammad, his family and companions and extend them a salutation of peace.

Reminder

Recite many petitions of forgiveness ‘istighfār’, pronouncements of regret (nadam) over the transgressions you have committed. For, He is the One who has favored you with traveling and facilitation of arrival in this holy land.

The Second Circuit

بِسْمِ اللَّهِ، اَللَّهُ أَكْبَرُ، اَللَّهُ أَكْبَرُ، اَللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ. اَللَّهُمَّ لَكَ الْحَمْدُ. وَلَا أَقُولُ خَيْرًا مِمَّا يَقُولُ اللَّهُ تَعَالَى: ﴿قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ﴾ (الْأَنْعَامِ: ١٦٢).

اَللَّهُمَّ إِنِّي قَائِمٌ بَابِكَ، دَاخِلٌ بِفِنَائِكَ، مُعْتَرِفٌ بِعَظِيمِ ذَنْبِي، يَا مَنْ يَرْحَمُ، وَأَنْتَ الَّذِي تَرْحَمُ، سَمِعْتُ نِدَاءَكَ فَأَجَبْتُكَ، وَرَجَاؤُكَ فَوَفَّقْتَنِي، وَجَعَلْتَنِي لَا أَعُودُ إِلَى بَيْتِكَ الْحَرَامِ إِلَّا وَقَدْ غَفَرْتَ لِي ذُنُوبِي، وَسَتَرْتَ يَا اَللَّهُ عُيُوبِي، وَكَشَفْتَ كُرُوبِي.

اَللَّهُمَّ يَا وَاسِعَ الْفَضْلِ، لَا تُغْلِقْ بَابًا مِنْ أَبْوَابِ رَحْمَتِكَ وَأَبْوَابِ إِحْسَانِكَ لَا وَحْدَهُ لِي، وَلِلطَّائِفِينَ وَلِأُمَّةِ سَيِّدِنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. يَا قَابِلَ التَّوْبِ، يَا غَافِرَ الذَّنْبِ، وَيَا كَاشِفَ الْكَرْبِ، يَا مُقَلِّبَ الْقُلُوبِ، ثَبِّتْ قَلْبِي عَلَى دِينِكَ

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. And to Allāh belongs all praise. O, Allāh, to You belongs all praise. I cannot say anything better than the words of Allāh جَلَّ جَلَالُهُ: (Say: Indeed, my prayer, my rites, my life and my death are for Allāh, Lord of the worlds) (al-An'ām, 162).

O, Allāh, I and standing before Your door, entering into Your prosperity, recognizing the greatness of my sins. You are the One who forgives. And You are the One who shows mercy. Hear my voice, o, Allāh, and have mercy on me. And repair my brokenness, strengthen my weakness. And grant me, o, Allāh, that I will not return to Your Sacred House, except that You have forgive me for all my sins, and except that You have, o, Allāh covered my faults and removed my difficulty. O, Allāh! O, You of vast grace, do not leave any door among the doors to Your mercy and the doors of Your generosity, except that You have opened it for me, for those who perform Tawāf and the nation of our Master Muhammad صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. O, You who accepts repentance! O, You who forgives sins. O, You who removes difficulty. O, Turner of the hearts, make firm my heart upon Your religion.

Reminder

Send many prayers and salutations upon the Messenger of Allāh صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. For everything in the Sacred House reminds us of him and every footstep that he took in the path of calling to Islām.

The Third Circuit

بِسْــمِ اللّٰــهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ وَلِلّٰــهِ الْحَمْــدُ. اَللّٰهُمَّ أَنْتَ الْكَــبِيرُ الْعَظِيــمُ الْعَزِيــزُ الْعَلِيمُ، أَنْــتَ الْعَلِيمُ بِحَــالِي يَا اَللّٰــهُ، دَعَوْتُكَ فَجِئْــتُ إِلَيْكَ مُنْكَسِرًا بِذُنُــوبِي، لَا أَقْــدِرُ عَلَى حَمْلِهَا. اَللّٰهُــمَّ فَارْفَعْ عَنِّي ثِقْلَهَا، وَاغْفِرْهَا لِي كُلَّهَا، وَافْتَحْ لِي أَبْوَابَ فَضْلِكَ وَرَحْمَتِكَ.

يَا كَــبِيرُ، يَا عَظِيــمُ النَّوَال، بِيَدِكَ الْــخَيْرُ يَا اَللّٰــهُ، لَا بِيَــدِ غَيْرِكَ، وَبِيَدِكَ النَّــوَالُ، لَا بِيَــدِ غَيْرِكَ. وَارْحَــمْنِي، وَارْضَ عَنِّي، وَارْفَــعْنِي يَــا اَللّٰــهُ مِنْ مَوْقِــفِ الذِّلِّ إِلَى مَوْقِــفِ الْعِزِّ فِي الْأَمْــرِ، فَإِنَّكَ فَوْقَ مَا أَحْسَــنَ ظَنِّي. ﴿بِــأَنَّ الْعِزَّةَ لِلّٰهِ وَلِرَسُــولِهِ وَلِلْمُؤْمِنِينَ﴾ (الْمُنَافِقُــونَ: ٨). اَللّٰهُمَّ اجْعَلْنِي بِعِزَّتِكَ مِنْ أَسْــعَدِ السُّــعَدَاءِ فِي هٰذِهِ الْحَيَاةِ وَفِيمَــا بَعْدَهَا، بِرَحْمَتِكَ يَــا أَرْحَــمَ الرَّاحِمِينَ، يَــا كَرِيمُ، يَــا رَحِيمُ، وَيَــا أَرْحَمَ الرَّاحِــمِينَ. وَصَلِّ اَللّٰهُمَّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ.

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. And to Allāh belongs all praise. O, Allāh, You are the Great, the Most Glorious, the Most Honorable, the All-Knowing. You are most knowing of my state, o, Allāh. You invited me and I came to you broken by since that I am unable to bear. O, Allāh, remove from me their heaviness, and forgive them all. O, Allāh, open the doors to Your grace and mercy. O, Possessor of much good! O, Possessor of great bestowals. In Your hand is all good, o, Allāh, and not in the hand of anyone else. In Your hand is all bestowal, and not in the hand of anyone else. So, show me mercy and grant me, and raise me, o, Allāh, from the plain of humiliation to the plane of ennoblement. Indeed, You said (may You be glorified): (And to Allāh belongs the glory, and to His Messenger and to the believers) (al-Munāfiqūn, 8). Make me, o, Allāh, through Your glory, from among the most felicitous of the felicitous, in this world and in that which comes after it. By Your mercy, o, Most Merciful of the merciful. O, Most Generous! O, Most Merciful! O, Most Beneficent! O, Most Merciful of the Mercifuls. And send prayers, o, Allāh upon our Master Mu□ammad, his family and companions and extend them a salutation of peace.

Reminder

Supplicate Allāh for those performing the Tawāf, that He accepts their Tawāf, responds to their supplication and fulfills their needs.

The Fourth Circuit

بِسْــمِ اللّٰهِ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ كَــبِيرًا، وَالْحَمْدُ لِلّٰهِ كَــثِيرًا، وَسُبْحَــانَ اللّٰهِ بُكْــرَةً وَأَصِــيلًا. اَللّٰهُــمَّ إِنِّي أَحْمَدُكَ وَأَشْــكُرُكَ وَأَذْكُــرُكَ، وَإِنْ كَانَ قَــلْبِي غَــافِلًا، وَلِسَــانِي مَلِيئًــا بِالذُّنُــوبِ. اَللّٰهُــمَّ اصْطَلَحَــتْ حَيَاتِي بِاللَّهِمَــاتِ الَّتِي أَلْهَتْنِي عَنْ عِبَادَتِــكَ، وَلَكِنِّي أُحِبُّكَ يَا اَللّٰــهُ، وَأَرْجُــو رَحْمَتَكَ، فَهَبْ لِي لِسَــانًا ذَاكِرًا، وَقَلْبًا شَــاكِرًا، وَجَسَــدًا خَاشِــعًا. اَللّٰهُــمَّ أَنْتَ الْمُعْطِــي، وَأَنْتَ الْمُفَضِّــلُ، وَأَنْتَ الْكَرِيــمُ الَّذِي لَا يَبْخَــلُ، وَالَّذِي يَعْفُــو وَيَجُودُ. جُدْ عَلَيَّ يَــا اَللّٰهُ وَارْحَــمْنِي، وَتَوَلَّ أَمْرِي، وَنَــوِّرْ بَــصِيرَتِي، فَإِنَّا نَطْمَــعُ وَنَرْجُو فِيمَا عِنْــدَكَ، وَأَنْتَ الَّــذِي لَا يَخِيبُ مِنْ رَجَائِــهِ. وَصَلَّى اللّٰهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَــلَّمَ.

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest by much measure. All praise is due to Allāh with much praise. Glorified is Allāh in the morning and in the evening. O, Allāh, I praise You and thank You and remember You, even if my heart is distracted, and my tongue filled with sins. O, Allāh, my life has been filled with distractions that have diverted me from Your worship. However, I love You, o, Allāh. And I hope for Your mercy. So, grant me a remembering tongue, a thankful heart and a humble body. O, Allāh, You are the giver. You are the granter of blessing. And You are the Most generous who is never stingy, and the One who pardons and is openhanded. Be generous with me, o, Allāh and have mercy on me. Change my affair and illuminate my insight. For, I am desirous and hopeful for that which is with You. And You are the One who does to fail the one who places his hope in You. May Allāh send prayers upon our Master Muhammad, his family and companions and extend them a salutation of peace.

Reminder

Supplicate for those for whom arrival to the Sacred House was not facilitated, either due to their poverty, illness or laziness, that Allāh will facilitate for them the trip to His sanctuary, and to make possible for them arrival to it.

The Fifth Circuit

بِسْمِ اللّٰهِ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، وَالْحَمْدُ لِلّٰهِ كَثِيرًا.
اَللّٰهُمَّ أَنْتَ الَّذِي تُعْطِي، وَأَنْتَ الَّذِي تَغْفِرُ، وَأَنْتَ الَّذِي تَجْبُرُ. اِجْبُرْ يَا رَبِّ كَسْرِي. اَللّٰهُمَّ قَرِّبْنِي مِنْكَ وَمِنْ بَيْتِكَ، وَقَرِّبْنِي مِنْكَ قُرْبًا أَشْعُرُ بِبَرَكَتِهِ وَخَيْرِهِ وَبِرِّهِ وَرِضَاكَ عَنِّي.

اَللّٰهُمَّ ارْضَ عَنِّي، اَللّٰهُمَّ ارْضَ عَنِّي، اَللّٰهُمَّ ارْضَ عَنِّي، وَعَنْ وَالِدَيَّ رِضًا تَحُلُّ بِهِ عَلَيْهِمْ جَوَامِعُ فَضْلِكَ وَإِحْسَانِكَ وَكَرَمِكَ. يَا وَهَّابُ، وَيَا ذَا الْعَطَاءِ، وَيَا ذَا النَّوَالِ، وَيَا ذَا الْخَيْرِ، وَيَا ذَا الْبِرِّ.

اَللّٰهُمَّ عَامِلْنِي بِمَا أَنْتَ أَهْلُهُ، وَلَا تُعَامِلْنِي بِمَا أَنَا أَهْلُهُ، وَأَعْطِنِي فَوْقَ آمَالِي، وَاجْعَلْنِي فِي الدَّرَجَاتِ الْعَالِيَةِ مِنَ الْجَنَّةِ. يَا وَاسِعَ الْفَضْلِ، يَا مَنْ لَا يَخِيبُ مِنْ رَجَاهُ، وَلَا يُرَدُّ مِنْ دُعَائِهِ.

اَللّٰهُمَّ ادْفَعِ الْبَلَاءَ عَنْ أُمَّةِ نَبِيِّكَ مُحَمَّدٍ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ، وَاجْمَعْ شَمْلَهُمْ، وَاشْفِ مَرْضَاهُمْ، وَعَافِ مُبْتَلَاهُمْ، وَاحْفَظْهُمْ فِي جَمِيعِ شُؤُونِهِمْ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ.

Translation

In the Name of Allāh. Allāh his the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh with much (praise). O, Allāh you are the One who gives. You are the One who forgives. And You are the One who repairs (what is broken), so, repair, o, my Lord, my brokenness. O, Allāh draw me near to You and near to Your Prophet ﷺ. Draw me near to You with a nearness by which I will feel its blessing, goodness, benefit and Your satisfaction with me. O, Allāh, be satisfied with me.

O, Allāh be satisfied with me. O, Allāh be satisfied with me, and with my parents with a satisfaction that will cause to descend upon them all of Your grace, benefit and generosity. O, Benefactor! O, Owner of all giving. O, Owner of bestowal. O, Owner of all good.

Translation

O, Owner of all benefit. O, Allāh, treat me in the way that befits You. And do not treat me in the way that I deserve. Grant me that which is beyond my hopes. And place me in the elevated ranks in Paradise. O, You who is vast of grace. O, You who does not fail those who place their hopes in Him, or reject those who call upon Him. O, Allāh ward off all afflictions from the community of Your Prophet Muhammad ﷺ. Gather them in union, cure their sick, grant the afflicted of them wellbeing, and protect them in all of their affairs, through Your mercy, o, Most Merciful of the merciful.

Reminder

Supplicate for everyone that encourages you to supplicate, and everyone that you love. And remember that supplication (for your brother) in their absence is accepted through the permission of Allāh. The Messenger of Allāh ﷺ said, "No Muslim servant supplicates for his brother in his absence, except that an Angel says, 'May you have the same.'"

The Fifth Circuit

بِسْــمِ اللّٰهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰــهِ الْحَمْــدُ. اَللّٰهُمَّ إِنِّي أَسْــأَلُكَ مِنْ فَضْلِكَ الْعَظِيــمِ وَكَرَمِكَ أَنْ تَــسْتُرَنِي، وَتَغْفِــرَ لِي، وَتَرْفَعَ قَدْرِي، وَتَشْرَحَ صَدْرِي، وَتَرْحَمَنِي يَا اَللّٰهُ فِي مَكَانِي هٰذَا.

اَللّٰهُــمَّ ارْفَعْ ذِكْــرِي فِيمَنْ رَفَعْــتَ ذِكْرَهُ، وَقَــدْرِي فِيمَنْ رَفَعْــتَ قَدْرَهُ، وَاشْرَحْ صَــدْرِي بِمَا شَرَحْــتَ بِهِ صَــدْرَ نَبِيِّكَ مُحَمَّــدٍ. اشْرَحْنِي شَرْحًا أَطْــمَئِنُّ بِــهِ إِلَى عِبَادَتِــكَ فَأَذُوقَهَــا وَأَسْتَلِــذَّ بِهَا. يَــا رَحِيمُ، يَــا أَرْحَمَ الرَّاحِــمِينَ، يَا ذَا الْجَلَالِ وَالْإِكْــرَامِ، يَا ذَا الْعَطَاءِ الْعَظِيــمِ. وَالْحَمْدُ لِلّٰهِ رَبِّ الْعَــالَمِينَ، لَا إِلٰــهَ إِلَّا أَنْــتَ، يَــا حَنَّانُ، يَا مَنَّــانُ، يَا بَدِيعَ السَّــمَاوَاتِ وَالْأَرْضِ، يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. And to Allāh belongs all praise. O, Allāh, I ask You, by Your most immense grace and generosity, to cover me, forgive me, raise my status, expand my heart and have mercy on me, o, Allāh, in this place of mine.

O, Allāh, raise my mention among those whose mention You have raised, and my status among those whose status You have raised. Expand my heart with that by which You have expanded the heart of Your Prophet Muhammad ﷺ, with an expansion that will cause me to be satisfied with Your worship, and by which I will taste and delight in it. O, Most Merciful of the merciful. O, Owner of majesty and honor. O, Owner of great benefaction. And all praise is due to Allāh, Lord of all the worlds. There is no god but You. O, Most Clement. O, Most Generous. O, Originator of the Heavens and the Earth. O, Owner of majesty and honor.

Reminder

Supplicate for everything for all that you hope for yourself. And insist upon Allāh with your supplication.

The Sevent Circuit

بِسْــمِ اللّٰهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ. اَللّٰهُمَّ زِدْ هٰذَا الْبَيْــتَ تَشْرِيفًا وَتَعْظِيمًــا وَتَكْرِيمًا، وَزِدْ مِنْ شَرَفِــهِ وَعَظَمَتِهِ، وَطَافَ بِهِ كَرَامَةً وَرِفْعَةً وَبِرًّا.

اَللّٰهُــمَّ كَمَــا لَطَفْــتَ بِلُطْفِــكَ فِي عَظَمَتِــكَ دُونَ اللُّطَفَــاءِ، وَعَلَــوْتَ بِعَظَمَتِــكَ عَلَى الْعُظَمَــاءِ، وَعَلِمْتَ مَــا تَحْتَ أَرْضِكَ كَعِلْمِــكَ بِمَا فَوْقَ عَرْشِــكَ، وَكَانَتْ وَسَــاوِسُ الصُّدُورِ كَالْعَلَانِيَةِ عِنْــدَكَ، وَعَلَانِيَةُ الْقَوْلِ كَالسِّرِّ فِي عِلْمِــكَ، وَانْقَــادَ كُلُّ شَيْءٍ لِعَظَمَتِكَ، وَخَضَعَ كُلُّ ذِي سُــلْطَانٍ لِسُــلْطَانِكَ، وَصَارَ أَمْرُ الدُّنْيَا وَالْآخِــرَةِ كُلُّهُ بِيَدِكَ، اجْعَــلْ لِي يَا رَبِّ مِنْ كُلِّ هَمٍّ وَغَمٍّ أَصْبَحْتُ وَأَمْسَيْتُ فِيهِ فَرَجًا وَمَخْرَجًا.

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. And to Allāh belongs all praise. O, Allāh increase this House in nobility, veneration and honor. And increase those who honor and venerate it, and perform the Tawāf of it in nobility, exaltedness and righteousness.

O, Allāh, just as You have granted gentle mercy with Your gentle mercy, in Your greatness, beyond those who show gentle mercy, and You have elevated in Your glory above the people of glory, and You have known what is below Your Earth, just as You have known that which is above Your throne, and just as the whisperings of the breasts is as that which is done openly in Your presence, and open speech is the same as secret speech in Your knowledge, just as everything has bowed before Your glory, and every possessor of authority has bowed before Your authority, and the affair of this world and the Hereafter is entirely in Your hand, grant me, form every worry and grief, in which I have awoken or gone to sleep, an opening and a way out.

O, Allāh, Your pardon of my sins and Your overlooking my faults has made me desirous of calling upon You with confidence. I ask You, directly, for, indeed, You are the One who has treated me generously. And I am the one who has wronged myself. So, treat me with Your generosity, grace and blessing upon me. Indeed, You are the generous Accepter of repentance. May Allāh send prayers upon our Master Muhammad, his family and companions, and extend them a salutation of peace.

Reminder

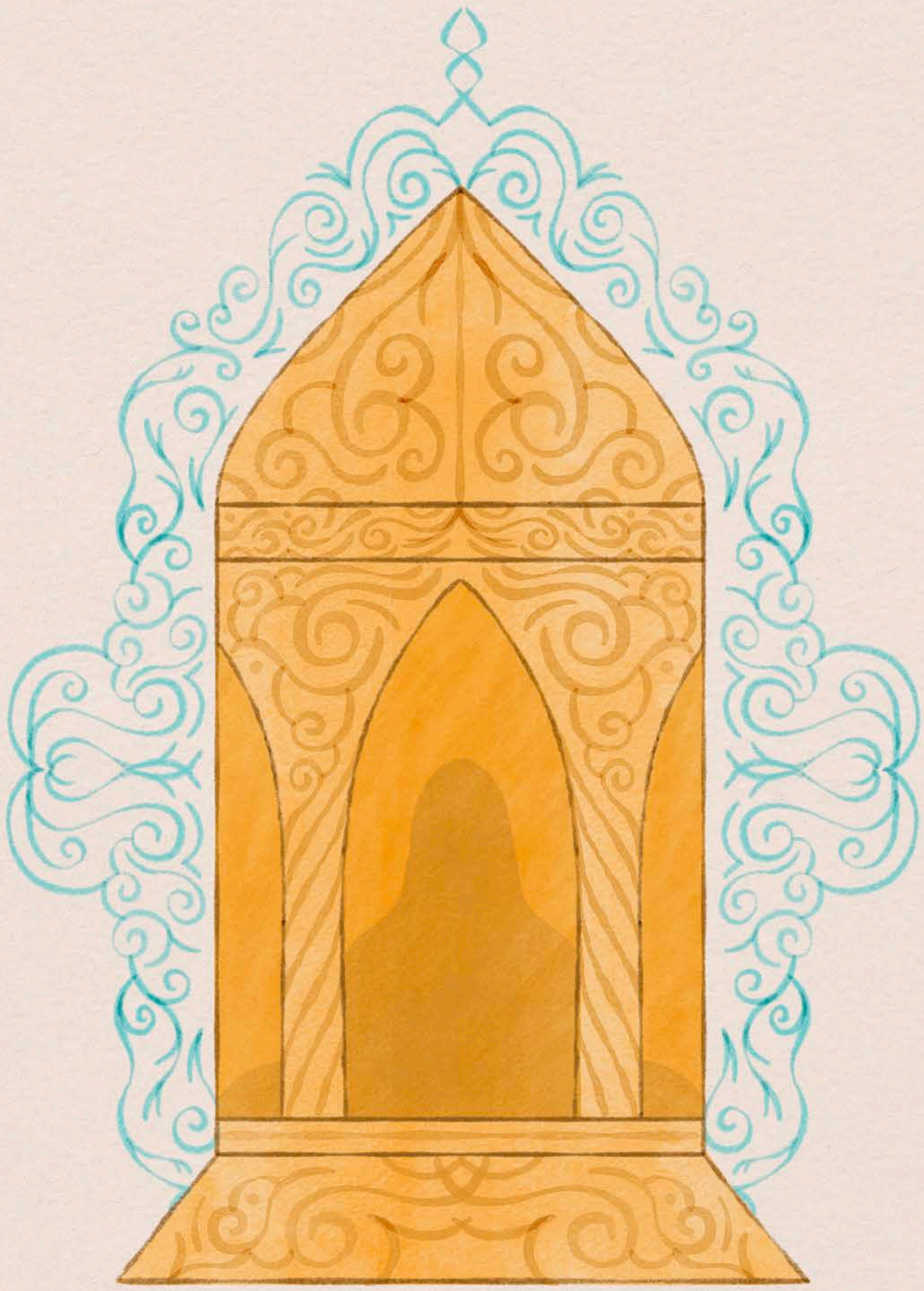
Seal (your Tawāf) with petitions of forgiveness, seeking from Allāh ﷻ that he makes your state, after your Tawāf and Umrah, better than that upon which you had been.

After Completing the Tawāf

It is an emphasized Sunnah to pray two rak'ahs after completing the Tawāf. These are prayed behind the Station of our Master Ibrāhīm (peace be upon him).

The Messenger of Allāh ﷺ said to Ibn Umar (may Allāh be pleased with both), "Whoever performs the Tawāf of the House and then prays two rak ahs, it will be as if he has freed a slave." Freeing a slave is to grant the person their freedom, alleviating them of bondage and making them a free person. And it has been narrated in authentic hadiths that whoever frees a slave, Allāh will free him from the Fire.

The Station of Ibrāhīm (peace be upon him)



What is the Station of Ibrāhīm?

He ﷺ has said: (And take the Station of Ibrāhīm as a place of prayer) (al-Baqarah, 125). The Station of Ibrāhīm is the (place of) the two foot prints of our Master Ibrāhīm (peace be upon him), where he placed his feet while building the noble Ka'bah. His feet imprinted upon the stone due to its malleability. And they left footprints.

Supplication for After the Two Rak’ahs of Tawāf

اَللّٰهُمَّ لَا تَحْرِمْنَا خَيْرَ مَا عِنْدَكَ بِشَرِّ مَا عِنْدَنَا، وَاقْبَلْ عَلَى فُقْرِنَا بِمَا أَقَلَّ، وَعَالِجْ هُدَانَا بِوَاسِعِ رَحْمَتِكَ وَهَدَايَاتِكَ، يَا أَرْحَمَ الرَّاحِمِينَ، يَا أَرْحَمَ الرَّاحِمِينَ. اَللّٰهُمَّ ارْفَعْ عَنَّا الذُّنُوبَ، اَللّٰهُمَّ ارْفَعْ عَنَّا الذُّنُوبَ، اَللّٰهُمَّ ارْفَعْ عَنَّا الذُّنُوبَ كُلَّهَا.

اَللّٰهُمَّ افْتَحْ عَلَى هٰذَا الْقَلْبِ لِيَطْمَئِنَّ بِعِبَادَتِكَ، احْفَظْهُ مِمَّا لَا تَرْضَى عَنْهُ. يَا حَفِيظُ، وَيَا عَلِيمُ، وَيَا كَافِي، وَيَا شَافِي. اشْفِ قَلْبِي مِنَ الْأَمْرَاضِ، وَلِسَانِي مِنَ الْغِيبَةِ وَالنَّمِيمَةِ، وَنَفْسِي مِنَ الْحَسَدِ وَالضَّغِينَةِ. اَللّٰهُمَّ رَبَّ هٰذَا الْبَيْتِ الْعَتِيقِ، أَعْتِقْ رَقَبَتِي وَرِقَابَ الْمُسْلِمِينَ مِنَ النَّارِ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ. اَللّٰهُمَّ أَكْرِمْنِي بِمَا أَنْتَ أَهْلُهُ، وَأَصْلِحْ لِي شَأْنِي كُلَّهُ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ. اَللّٰهُمَّ يَسِّرْ لِي الْيُسْرَى، وَجَنِّبْنِي الْعُسْرَى، وَاغْفِرْ لِي فِي الْآخِرَةِ وَالْأُولَى. اَللّٰهُمَّ جَنِّبْنِي مَعْصِيَتَكَ، وَاجْعَلْنِي مِمَّنْ يَسْمَعُ قَوْلَكَ: ﴿لِيُحِبَّهُمْ وَيُحِبُّونَهُ﴾ (الْمَائِدَةُ: ٥٤).

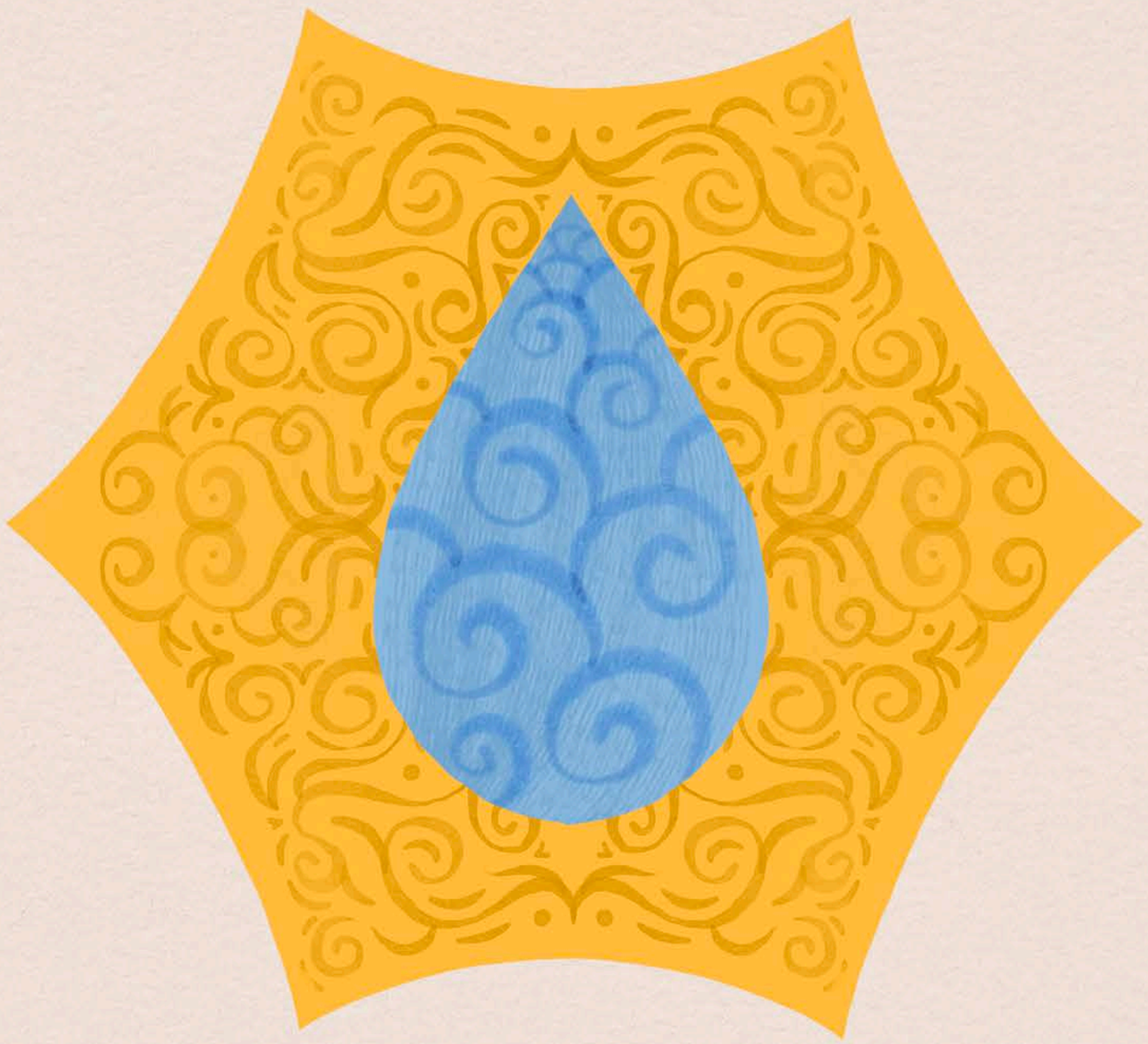
اَللّٰهُمَّ صَلِّ وَسَلِّمْ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى سَيِّدِنَا إِبْرَاهِيمَ، وَعَلَى جَمِيعِ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ، وَعَلَى الْمَلَائِكَةِ وَالْمُقَرَّبِينَ، وَعِبَادِكَ الصَّالِحِينَ، وَآلِ سَيِّدِنَا مُحَمَّدٍ وَأَصْحَابِهِ أَجْمَعِينَ.

Translation

O, Allāh, do not deprive us of the best of that which is with You because of the evil that is with us. Turn towards those of us who turn towards You with that which they hope for, and upon the one who turns away with Your encompassing mercy and guidance. O, Most Merciful of the merciful. O, Most merciful of the merciful. O, Allāh lift from us our sins. O, Allāh, lift from us our sins. O, Allāh lift from us our sins. O, Allāh open this heart so that it may be satisfied with Your worship. And preserve it from that which does not satisfy You. O, Preserver! O, All-Knowing! O, You who suffices. O, Curer, cure my heart of sicknesses, my tongue from backbiting and slander, and my soul from envy and rancor.

O, Allāh, Lord of this ancient House, free the neck and the necks of the Muslims from the Fire. Through Your mercy, o, Most Merciful of the merciful. O, Allāh, honor me with that of which You are capable. And rectify for me my entire affair. Through Your mercy, o, Most Merciful of the merciful. O, Allāh, facilitate ease for me and ward off from me difficulty. And forgive me in the Hereafter and this world. O, Allāh, ward off from me disobedience to You. And place me among those included in Your words (He loves them and they love Him) (al-Mā'idah, 54). O, Allāh, send prayers and peace upon our Master Muhammad, upon our Master Ibrahīm, and upon all the Prophets and Messengers, the Angels drawn near, Your pious servants, the family of Muhammad and his companions altogether.

The Water of Zamzam



He ﷺ said, “The water of Zamzam is for that for which it is drunk.” Ibn ʿAbbās (may Allāh be pleased with both) used to say, when he would drink water of Zamzam:

اَللّٰهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا وَاسِعًا، وَشِفَاءً مِنْ كُلِّ دَاءٍ

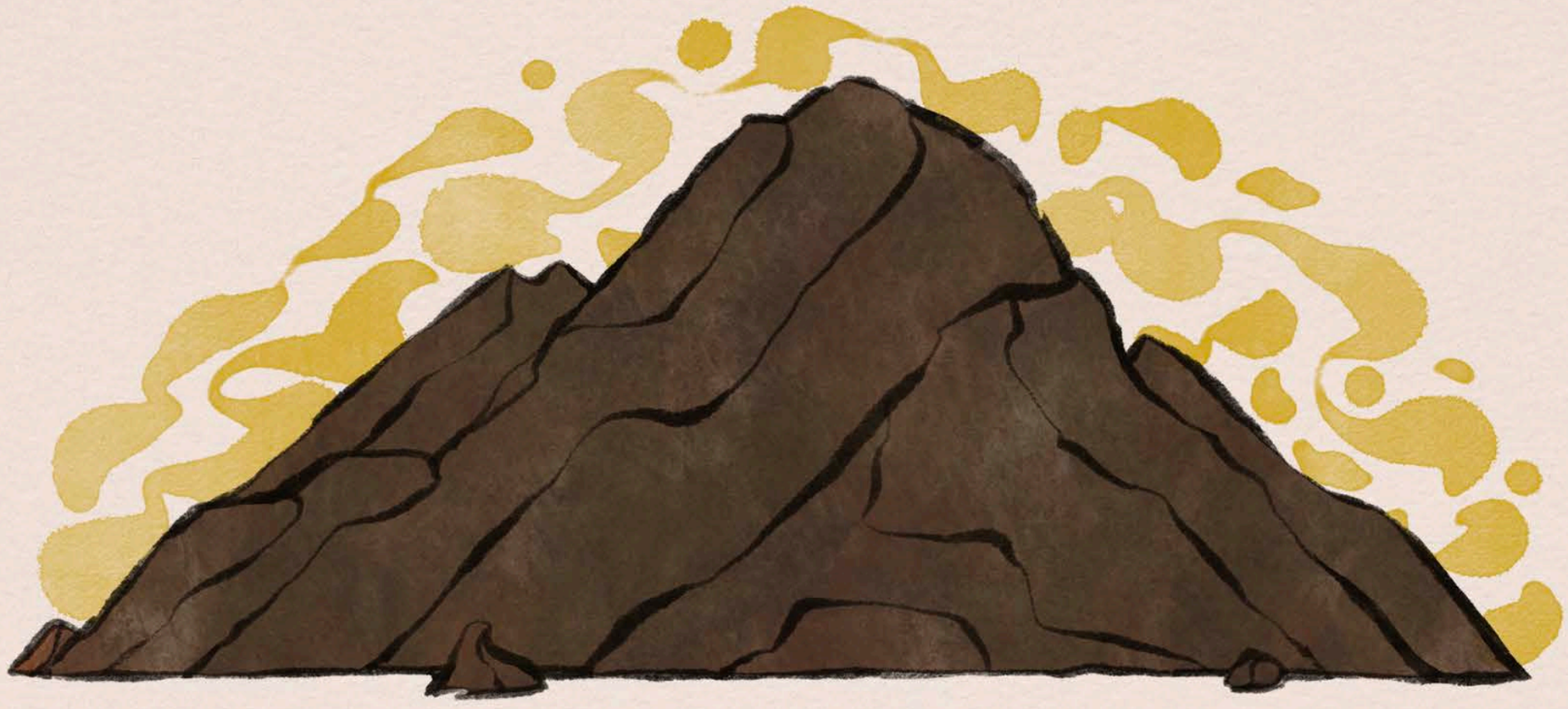
“O, Allāh, I ask You for beneficial knowledge,
expansive sustenance and healing from every ailment.”

THE WATER OF ZAMZAM

Bring to mind your intention for drinking the water of Zamzam. Is it to cure an illness? Seeking the expansion of your heart? Seeking (to be granted) good character? Seeking to remove a difficulty? Seeking a need from this world or the Hereafter?

O, Allāh, it has reached me that Your Prophet Muhammad ﷺ said, "The water of Zamzam is for that for which it is drunk." I drink from it, o, Allāh, for Your pleasure with me and my beloveds, and for (our intention), for that which I have intended or that which Your pious servants intend, for that which I know, o, Allāh, of good intentions.

The Two Hills of al-Safā and al-Marwah



Begin your performance of the Sa'y from Mount al-Safā to Mount al-Marwah in seven circuits. It is Sunnah to be in a state of ritual purity while performing Sa'y, but it is not obligatory like the Tawāf. Bring to mind how this land was arid, devoid of water and food. How our Master Ibrāhīm (peace be upon him) left his wife Hājar and her son Ismā'īl alone in it.

She said to Master Ibrāhīm (peace be upon him), in a state of fear and confusion, "Where will you go? Will you leave us in this valley which is empty of people and fruits?" Then, she asked him, "Has Allāh commanded you to that?" He said to her, "Yes." So, she responded, "Then, Allāh will not lead us to ruin." Remind yourself of the strong faith of our Lady Hājar, her trust in Allāh جَلَّ جَلَالُهُ, her reliance upon Him, and her belief that Allāh would never lead her to ruin.

Al-Sa’y

In that valley, she began to jog between al-Safā and al-Marwah seven times until the water of Zamzam sprung forth. It is water that continues to quench the thirst of mankind until this day of ours. Try to remember that while you are running between the two mountains. And do not forget to struggle to obey Allāh to the utmost and for His utmost satisfaction in all your objectives in this world. Repeat: (Indeed, al-Safā and al-Marwah are from the signs of Allāh. Thus, whoever performs the minor or major pilgrimage to the House, there is no blame on him if he performs Tawāf of them. And whoever performs extra acts, indeed, Allāh is grateful and All-Knowing) (al-Baqarah, 158).

Say, upon Mount al-Safā, while you are facing the Qiblah:

اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْدُ. اَللّٰهُ أَكْبَرُ عَلَى مَا هَدَانَا، وَالْحَمْدُ لِلّٰهِ. لَا إِلٰهَ إِلَّا اللّٰهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، يُحْيِي وَيُمِيتُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا إِلٰهَ إِلَّا اللّٰهُ وَحْدَهُ، نَصَرَ عَبْدَهُ، وَهَزَمَ الْأَحْزَابَ وَحْدَهُ. لَا إِلٰهَ إِلَّا اللّٰهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، مُخْلِصِينَ لَهُ الدِّينَ، وَلَوْ كَرِهَ الْكَافِرُونَ. اَللّٰهُمَّ إِنَّكَ قُلْتَ: ﴿قَالَ رَبُّكُمُ ادْعُونِي أَسْتَجِبْ لَكُمْ﴾ (غَافِرٌ: ٦٠). اَللّٰهُمَّ إِنِّي أَسْأَلُكَ يَا اَللّٰهُ كَمَا هَدَيْتَنِي لِلْإِسْلَامِ أَنْ لَا تَنْزِعَهُ مِنِّي حَتَّى تَتَوَفَّانِي وَأَنْتَ رَاضٍ عَنِّي. اَللّٰهُمَّ اعْصِمْنِي بِطَاعَتِكَ وَطَاعَةِ رَسُولِكَ مِنَ الشَّيْطَانِ وَأَعْوَانِهِ. اَللّٰهُمَّ اجْعَلْنِي أُحِبُّكَ وَأُحِبُّ مَلَائِكَتَكَ وَأَنْبِيَاءَكَ وَرُسُلَكَ وَعِبَادَكَ الصَّالِحِينَ. اَللّٰهُمَّ يَسِّرْ لِي الْيُسْرَى، وَجَنِّبْنِي الْعُسْرَى، وَاغْفِرْ لِي فِي الْآخِرَةِ وَالْأُولَى.

Translation

Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. Allāh is the Greatest for that He guided us. All praise is due to Allāh. There is no god but Allāh, alone. He has no partner. To Him belongs the dominion. To Him belongs all praise. He gives life and He causes death. And He has power over all things. There is no god but Allāh, alone. He has fulfilled His promise. He has given victory to His slave. He alone routed the confederates. There is no god but Allāh. I do not worship anyone apart from Him, making my religion purely for His sake, even though the disbelievers hate it. O, Allāh, You said: (And your Lord has said: 'Call upon Me and I will respond to you.') (Ghāfir, 60). O, Allāh, I ask You, o, Allāh, just as You have guided me to Islām, that You do not remove it from me until You cause me to die while You are satisfied with me. O, Allāh protect me through obedience to You and obedience to Your Messenger, from Shaytān and his minions. O, Allāh cause me to love You, to love Your Angels, Your Prophets and Messengers and Your pious servants. O, Allāh, facilitate for me ease. And ward off from me difficulty. And forgive me in the Hereafter and this world.

The First Circuit

بِسْمِ اللَّهِ، اَللَّهُ أَكْبَرُ، اَللَّهُ أَكْبَرُ، اَللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ. بِسْمِ اللَّهِ الرَّحْمٰنِ الرَّحِيمِ. وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ. لَا إِلٰهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، بِيَدِهِ الْخَيْرُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا إِلٰهَ إِلَّا اللَّهُ ذُو الْأَسْمَاءِ الْحُسْنَىٰ. ﴿يُسَبِّحُ لَهُ مَا فِي السَّمَاوَاتِ وَالْأَرْضِ، وَهُوَ الْعَزِيزُ الْحَكِيمُ﴾ (الْحَشْرِ: ٢٤).

اَللَّهُمَّ إِنِّي أَسْأَلُكَ بِأَسْمَائِكَ الْحُسْنَىٰ وَصِفَاتِكَ الْعُلَىٰ أَنْ تَغْفِرَ لِي وَلِأَحْيَائِي وَلِلْمُسْلِمِينَ كُلَّ ذَنْبٍ، وَأَنْ تَسْتُرَنِي مِنْ كُلِّ عَيْبٍ، وَتَكْشِفَ عَنِّي كُلَّ كَرْبٍ، وَتَصْرِفَ عَنِّي كُلَّ بَلَاءٍ، وَتُعَافِيَنِي مِنْ كُلِّ شَرٍّ، وَتَقْضِيَ لِي كُلَّ حَاجَةٍ. سُبْحَانَكَ يَا اَللَّهُ، لَا إِلٰهَ إِلَّا أَنْتَ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، أَنْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

اَللَّهُمَّ فَرِّجْ عَلَيَّ وَعَلَى الْمُسْلِمِينَ، وَعَجِّلْ بِهَلَاكِ أَعْدَاءِ الدِّينِ، وَهَبْ لِي وَلِأَحْبَابِي فِي هٰذِهِ السَّاعَةِ وَفِي كُلِّ حِينٍ مَا وَهَبْتَهُ لِعِبَادِكَ الصَّالِحِينَ، وَافْتَحْ لِي فُتُوحَ الْعَارِفِينَ، وَاهْدِنِي لِأَحْسَنِ الْأَعْمَالِ وَالْأَخْلَاقِ، لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ، وَاصْرِفْ عَنِّي سَيِّئَهَا، لَا يَصْرِفُ عَنِّي سَيِّئَهَا إِلَّا أَنْتَ.

Translation

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. In the Name of Allāh, the Most Beneficent, the Most Merciful. All praise is due to Allāh, Lord of all the worlds. There is no god but Allāh, alone. He has no partner. To Him belongs the dominion. To Him belongs all praise. In His hand is all good. And He has power over all things. There is no god but Allāh. (To Him belong the Most Beautiful Names. All that is in the Heavens and the Earth glorifies Him. And He is the Most Mighty, the Most Wise) (al-Hashr, 24).

O, Allāh, I ask You by Your Most Beautiful Names and Your exalted attributes, to forgive me, my beloveds and all Muslims every sin, to cover over all my faults, to remove from me every difficulty, and to divert from me every affliction, to grant me protection from every evil, and to fulfill for me every hope. O, You who are Allāh, other than whom there is no god. O, Knower of the hidden and the apparent. Glorified are You. There is no god but You, o, Owner of majesty and honor. O, Allāh, provide relief for me and for the Muslims. Hasten the destruction of the enemies of the religion. And gift me and my beloveds, at this time, and at every instant, what You have granted to Your pious servants. And grant me the illumination of the Knowers. And guide me to the most excellent works and character, to the most excellent of which no one guides except You. And ward off from me the most evil of them. No one wards off the most evil of them except You.

The First Circuit

اَللّٰهُمَّ إِنِّي أَسْأَلُكَ لِي وَلِأَحْبَابِي وَلِلْمُسْلِمِينَ إِلَى يَوْمِ الدِّينِ فِي كُلِّ لَحْظَةٍ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ عَبْدُكَ وَنَبِيُّكَ مُحَمَّدٌ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ، وَأَعُوذُ بِكَ مِمَّا اسْتَعَاذَكَ مِنْهُ عَبْدُكَ وَنَبِيُّكَ مُحَمَّدٌ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ، وَعِبَادُكَ الصَّالِحُونَ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ الْعَلِيِّ الْعَظِيمِ.

اَللّٰهُمَّ هَبْ لِي وَلِلْمُسْلِمِينَ كُلَّ خَيْرٍ عَاجِلٍ أَوْ آجِلٍ، ظَاهِرًا أَوْ بَاطِنًا، أَحِطْهُ بِعِلْمِكَ فِي الدِّينِ وَالدُّنْيَا وَالْآخِرَةِ، وَاصْرِفْ عَنِّي وَعَنْهُمْ كُلَّ سُوءٍ عَاجِلٍ أَوْ آجِلٍ، ظَاهِرًا أَوْ بَاطِنًا، أَحِطْهُ بِعِلْمِكَ فِي الدِّينِ وَالدُّنْيَا وَالْآخِرَةِ.

O, Allāh, I ask You, for myself and for my beloveds, and for all the Muslims until the Day of Judgement, at every instant, for the good that Your slave and Prophet, Muhammad ﷺ, and Your pious servants, requested of You. There is no might nor power except in Allāh, the Most High, the Most Immensely Great. O, Allāh, grant me and all the Muslims every good, both the swift to arrive and the delayed, outward and inward, which Your knowledge encompasses in the religion, this world and the Hereafter. And ward off from and lift away from me and from them, every evil, both the swift to arrive and the delayed, outward and inward, which Your knowledge encompasses in the religion, this world and the Hereafter.

When you approach Mount al-Marwah

بِسْــمِ اللّٰهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ. اَللّٰهُمَّ مُقَلِّبَ الْقُلُــوبِ ثَبِّــتْ قَــلْبِي عَلَى دِينِكَ. اَللّٰهُــمَّ إِنِّي أَسْــأَلُكَ الْهُــدَىٰ وَالتُّقَىٰ وَالْعَفَــافَ وَالْــغِنَىٰ، وَأَسْــأَلُكَ فِعْــلَ الْخَيْرَاتِ وَتَــرْكَ الْمُنْكَــرَاتِ وَحُبَّ الْمَسَــاكِينِ. اَللّٰهُــمَّ يَــا عَظِيمَ السُّــلْطَانِ، يَا قَدِيــمَ الْإِحْسَــانِ، يَا دَائِمَ النِّعَــمِ، يَا كَــثِيرَ الْجُودِ، يَا وَاسِــعَ الْعَطَاءِ، يَــا خَفِيَّ اللُّطْــفِ، يَا جَمِيلَ الصُّنْــعِ، صَــلِّ يَــا رَبِّ عَلَى سَيِّدِنَــا مُحَمَّدٍ وَآلِــهِ، وَسَــلِّمْ وَارْضَ عَنِ الصَّحَابَةِ أَجْمَعِينَ.

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. O, Allāh, o, Turner of hearts, make firm my heart on Your religion. O, Allāh, I ask You for guidance, for piety, for virtue and for independence. And I ask You for good works, avoidance of evil works and love of the poor. O, Allāh, o, You of grand authority, o, You of eternal generosity. O, You who perpetually benefits. O, You of plentiful benefactions. O, You of expansive giving. O, You of hidden, subtle blessings, O, You of beautiful actions. Send prayers, my Lord, upon our Master Muhammad ﷺ and his family, and extend them a salutation of peace. And be satisfied with all the Companions.

The Second Circuit

اَللّٰهُمَّ لَكَ الْحَمْدُ شُـكْرًا، وَلَكَ الْمِنَّـةُ فَضْلًا، وَأَنْتَ رَبِّي حَقًّـا، وَأَنَا عَبْدُكَ رِقًّـا، وَأَنْتَ لِذٰلِـكَ أَهْلٌ. يَا مُـيَسِّرَ كُلِّ عَـسِيرٍ، وَيَا جَابِرَ كُلِّ كَـسِيرٍ، وَيَا أَمَـانَ كُلِّ خَائِفٍ، وَيَا مُغْنِيَ كُلِّ فَقِيرٍ، وَيَا مُقَـوِّيَ كُلِّ ضَعِيفٍ، يَسِّرْ عَلَيَّ كُلَّ عَسِيرٍ، فَإِنَّ تَيْسِيرَ الْعَسِيرِ عَلَيْكَ يَسِيرٌ.

اَللّٰهُـمَّ إِنِّي أَسْـأَلُكَ الزِّيَـادَةَ فِي الدِّيـنِ، وَبَرَكَـةً فِي الْعُمُـرِ، وَصِحَّـةً فِي الْجَسَـدِ، وَسَـعَةً فِي الرِّزْقِ، وَتَوْبَـةً قَبْلَ الْمَوْتِ، وَشَـهَادَةً عِنْـدَ الْمَوْتِ، وَمَغْفِـرَةً بَعْـدَ الْمَـوْتِ، وَعَفْوًا عِنْـدَ الْحِسَـابِ، وَأَمَانًا مِـنَ الْعَذَابِ، وَنَصِيبًـا مِـنَ الْجَنَّـةِ، وَارْزُقْنِي بِالنَّظَـرِ إِلَى وَجْهِكَ الْكَرِيـمِ. اَللّٰهُمَّ صَلِّ عَلَى سَيِّدِنَـا مُحَمَّـدٍ وَعَلَى آلِـهِ وَصَحْبِـهِ وَسَـلِّمْ. سُبْحَـانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ، وَسَلَامٌ عَلَى الْمُرْسَلِينَ، وَالْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ.

Translation

O, Allāh, to You belongs all praise in thankfulness. Yours is the grace and bounty. You are my Lord in truth. I am Your slave in bondage. You remain deserving of that. O, You who makes easy every difficulty. O, You who repairs every broken thing. O, You who grants safety from every fear. O, You who enriches every poor person. And, o, You who strengthens every weak person. Make easy for me every difficult thing. For making the difficult easy is easy for You.

O, Allāh, I ask You for increase in religion, blessing in livelihood, health of body, expansiveness of providence, repentance before death, the testimony at the time of death, forgiveness after death, pardon at the reckoning, safety from every punishment, and a portion of Paradise. And provide for me, o, Allāh, the sweet vision of Your noble countenance. And send prayers, o, Allāh upon our Master Muhammad ﷺ, his family and Companions and extend them a salutation of peace. (Glorified is my Lord, the Lord of might, over that which they attribute. And peace be upon the Messengers. And all praise is due to Allāh, Lord of all the worlds) (al-Saffāt, 180-182).

The Third Circuit

بِسْمِ اللّٰهِ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْدُ. اَللّٰهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِهِ كُلِّهِ، عَاجِلِهِ وَآجِلِهِ، مَا عَلِمْتُ مِنْهُ وَمَا لَمْ أَعْلَمْ، وَأَعُوذُ بِكَ مِنَ الشَّرِّ كُلِّهِ، عَاجِلِهِ وَآجِلِهِ، مَا عَلِمْتُ مِنْهُ وَمَا لَمْ أَعْلَمْ. وَأَسْأَلُكَ الْجَنَّةَ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ، وَأَعُوذُ بِكَ مِنَ النَّارِ وَمَا قَرَّبَ إِلَيْهَا مِنْ قَوْلٍ أَوْ عَمَلٍ. اَللّٰهُمَّ انْقِلْنِي مِنْ ذُلِّ الْمَعْصِيَةِ إِلَى عِزِّ الطَّاعَةِ، وَأَغْنِنِي بِحَلَالِكَ عَنْ حَرَامِكَ، وَبِطَاعَتِكَ عَنْ مَعْصِيَتِكَ، وَبِفَضْلِكَ عَمَّنْ سِوَاكَ.

اَللّٰهُمَّ ثَبِّتْنِي عَلَى الْحَقِّ فِيمَا أَقُولُ، وَثَبِّتْنِي عَلَى الْحَقِّ فِيمَا أَفْعَلُ، وَثَبِّتْنِي عَلَى الْحَقِّ فِيمَا أَعْتَقِدُ، وَاجْعَلْنِي يَا اَللّٰهُ عِنْدَكَ مِنْ أَهْلِ الْفَضْلِ الْعَظِيمِ، وَعَامِلْنِي بِالْفَضْلِ يَا قَوِيُّ يَا رَحْمٰنُ يَا رَحِيمُ يَا مَنَّانُ يَا كَرِيمُ. اَللّٰهُمَّ كُنْ لِي وَلَا تَكُنْ عَلَيَّ، وَأَعْطِنِي وَلَا تَحْرِمْنِي، وَانْصُرْنِي وَلَا تَنْصُرْ عَلَيَّ، وَقَرِّبْنِي وَلَا تُبَاعِدْنِي، وَفَضِّلْنِي بِمَا أَنْتَ أَهْلُهُ، وَاجْعَلْنِي مِنَ الصَّادِقِينَ مَعَكَ، وَارْزُقْنِي الْوَفَاءَ بِعَهْدِكَ الَّذِي عَاهَدْتَنِي عَلَيْهِ، يَا إِلٰهَ الْحَقِّ.

Translation

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. O, Allāh, I ask You for all good, the swift and the delayed, what I know of it and what I do not know. I ask You for Paradise and that which would bring me close to it of word and of deed. And I seek refuge in You from the Fire and that which would bring me close to it of word and deed. O, Allāh, transfer me from the humiliation of disobedience to the honor of obedience. And make me, through what You have declared lawful, freedom of need of what You have declared unlawful, through obedience to You freedom from disobedience to You, and through Your grace from everything apart from You. O, Allāh, make me firm upon the truth in that which I say. Make me firm upon the truth in that which I do. Make me firm upon the truth in that which I believe. And place me, o, Allāh, in Your presence, among the people of the greatest bounty. Treat me with grace, o, Living, o, Self-Sustaining. O, Most Beneficent. O, Most Merciful. O, Benefactor. O, Most Generous. O, Allāh, be, for me. And do not be against me. Grant me and do not deprive me. Prefer me and do not prefer anyone over me. Draw me near, increase me in Your grace in that of which You are capable. And make me among those who are sincere with You. And provide me with adherence to Your covenant which You took from me, o, god of the Truth.

The Third Circuit

اَللّٰهُمَّ أَصْلِحْنِي وَأَصْلِحْ بِي، وَمُرَّ بِنَا يَا اَللّٰهُ عَلَى جَمِيعِ مَرْضَى الْمُسْلِمِينَ بِكَمَالِ الْعَافِيَةِ وَالشِّفَاءِ، وَاعْفُ عَنِّي يَا خَيْرَ مَنْ عَفَا، وَاللُّطْفَ بِي فِي جَمِيعِ أَحْوَالِي، وَأَصْلِحْ حَالِي وَحَالَ الْمُسْلِمِينَ أَجْمَعِينَ، وَاجْعَلْنِي مِنَ الْهُدَاةِ الْمُهْتَدِينَ، وَاجْعَلْ آخِرَ كَلَامِي مِنَ الدُّنْيَا: «أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللّٰهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللّٰهِ»، وَتَوَفَّنِي وَأَنْتَ رَاضٍ عَنِّي.

O, Allāh, rectify me and rectify others through me. And bless, o, Allāh, all the sick Muslims with perfect wellbeing and healing. And pardon me, o, best of those who pardon. And grant me Your subtle mercy in all my states. And rectify my state and the states of all the Muslims. And make me among the guided guides. And make the last of my speech in this world, "I bear witness that there is no god but Allāh. And I bear witness that Muhammad ﷺ is the Messenger of Allāh." And cause me to die while You are satisfied with me.

The Fourth Circuit

بِسْــمِ اللّٰــهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ. اَللّٰهُمَّ لَكَ الْحَمْــدُ كَمَا يَنْبَغِــي لِــجَلَالِ وَجْهِكَ وَعَظِيــمِ سُــلْطَانِكَ. سُبْحَانَكَ لَا نُــحْصِي ثَنَــاءً عَلَيْكَ، أَنْتَ كَمَــا أَثْنَيْتَ عَلَى نَفْسِــكَ. اَللّٰهُمَّ رَبَّنَــا آتِنَا فِي الدُّنْيَــا حَسَنَــةً، وَفِي الْآخِــرَةِ حَسَنَةً، وَقِنَــا عَذَابَ النَّــارِ. ﴿رَبَّنَــا لَا تُزِغْ قُلُوبَنَــا بَعْــدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِــنْ لَدُنْكَ رَحْمَةً إِنَّــكَ أَنْتَ الْوَهَّابُ﴾ (آلِ عِمْرَانَ: ٨).

اَللّٰهُــمَّ أَصْلِحْ لِي دِينِيَ الَّذِي هُــوَ عِصْمَةُ أَمْرِي، وَأَصْلِــحْ لِي دُنْيَايَ الَّتِي فِيهَــا مَعَــاشِي، وَأَصْلِحْ لِي آخِــرَتِيَ الَّتِي إِلَيْهَــا مَعَادِي، وَاجْعَــلِ الْحَيَاةَ زِيَادَةً لِي فِي كُلِّ خَيْرٍ، وَاجْعَلِ الْمَوْتَ رَاحَةً لِي مِنْ كُلِّ شَرٍّ.

اَللّٰهُــمَّ إِنِّي أَعُــوذُ بِــكَ مِــنْ زَوَالِ نِعْمَتِكَ، وَتَحَــوُّلِ عَافِيَتِــكَ، وَفُجَاءَةِ نِقْمَتِــكَ. اَللّٰهُــمَّ اعْــفُ عَنِّي، وَتَجَــاوَزْ عَنِّي بِفَضْلِكَ، وَسَــامِحْنِي عَلَى تَقْــصِيرِي فِي الْعِبَــادَةِ. اَللّٰهُــمَّ تَقَبَّــلْ مِنِّي الْقَلِيلَ، وَضَاعِــفْ لِي الْأَجْرَ، وَلِجَمِيعِ حُجَّاجِ بَيْتِكَ وَزُوَّارِ نَبِيِّكَ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ.

اَللّٰهُــمَّ شَرِّفْنِي بِــدَوَامِ الْإِقْبَــالِ عَلَيْــكَ. يَا اَللّٰــهُ، اجْعَلِ الْوُجْهَــةَ دَائِمًا إِلَيْــكَ. يَا مُقَلِّــبَ الْقُلُوبِ ثَبِّــتْ قَلْبِي عَلَى دِينِــكَ. يَــا رَبِّ لَا تَكِلْنِي إِلَى نَــفْسِي، وَلَا إِلَى أَحَدٍ مِــنْ خَلْقِكَ طَرْفَــةَ عَيْنٍ، وَلَا أَقَلَّ مِــنْ ذٰلِكَ، يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

Translation

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. O, Allāh, to You belongs all praise, as befits the majesty of Your countenance and the glory of Your sovereignty. Glorified are You. We are unable to properly praise You. You are as You have praised Yourself. O, Allāh, our Lord, grant us good in this world, and good in the Hereafter, and save us from the punishment of the Fire. (Our Lord, do not divert our hearts after having guided us. And grant us, from Your presence, mercy. Indeed, You are the Benefactor) (Āl Imrāan, 8).

O, Allāh, rectify for me my religion, which is the protection of my affair. And rectify for me my worldly life, in which is my livelihood. And rectify for me my Hereafter, which is my place of return. And make this life an increase for me in good, and death a repose for me from every evil.

O, Allāh, I seek refuge in You from the removal of Your blessing, from the reversal of the wellbeing that You have granted, and from Your sudden wrath. O, Allāh, pardon me and overlook my faults through Your grace. And excuse me for my deficiency in Your worship. O, Allāh, accept from me what is little, and multiply it for me, and for all those who perform the pilgrimage to Your House and visit Your Prophet ﷺ.

Translation

O, Allāh, honor me with perpetual turning towards You. O, Allāh, make my direction always towards You. O, Turner of hearts, make firm my heart on Your religion. My Lord, do not leave me to myself, nor to anyone else among Your creation for the blinking of an eye, nor anything shorter than that, o, Owner of majesty and honor.

The Fifth Circuit

بِسْــمِ اللّٰهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ، الْحَمْدُ لِلّٰهِ يَا رَبَّ الْعَــالَمِينَ. اَللّٰهُمَّ صَلِّ وَسَــلِّمْ وَبَــارِكْ وَأَكْرِمْ عَلَى عَبْــدِكَ وَحَبِيبِكَ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ.

اَللّٰهُــمَّ هَبْ لِي الــصَّبْرَ عِنْــدَ الْــبَلَاءِ، وَالرِّضَا عِنْــدَ الْمَنْعِ، وَالشُّــكْرَ عِنْدَ الْعَطَــاءِ، وَالتَّوَاضُعَ عِنْدَ الْبَسْــطِ. وَهَــبْ لِي يَا اَللّٰهُ مَــا لَا عَيْنٌ رَأَتْ، وَلَا أُذُنٌ سَــمِعَتْ، وَلَا خَطَــرَ عَلَى قَلْــبِ بَشَرٍ. ﴿رَبَّنَا ظَلَمْنَا أَنْفُسَنَــا وَإِنْ لَمْ تَغْفِــرْ لَنَــا وَتَرْحَمْنَــا لَنَكُونَنَّ مِــنَ الْخَاسِرِيــنَ﴾ (الْأَعْــرَافُ: ٢٣). ﴿رَبَّنَا عَلَيْكَ تَوَكَّلْنَا وَإِلَيْكَ أَنَبْنَا وَإِلَيْكَ الْمَصِيرُ﴾ (الْمُمْتَحَنَةُ: ٤).

اَللّٰهُــمَّ أَيِّــدْنِي بِتَأْيِيــدِكَ، وَثَــبِّتْنِي بِتَثْبِيتِــكَ، وَاسْــلُكْ بِي سَبِيــلَ أَهْلِ تَوْفِيقِــكَ، وَأَصْلِــحْ قَوْلِي وَفِــعْلِي وَنِيَّتِي وَجَمِيــعَ صِفَاتِي. اَللّٰهُــمَّ ادْفَعْ عَنِّي الْآفَاتِ، وَبَلِّغْنِي الْأَمْنِيَاتِ، وَكُنْ لِي بِمَا أَنْتَ أَهْلُهُ.

اَللّٰهُــمَّ ثَــبِّتْنِي عَلَى الْحَقِّ فِيمَــا أَقُولُ، وَثَــبِّتْنِي عَلَى الْحَــقِّ فِيمَا أَفْعَلُ، وَثَــبِّتْنِي عَلَى الْحَقِّ فِيمَا أَعْتَقِدُ. اَللّٰهُمَّ عَامِــلْنِي بِالْفَضْلِ، وَأَصْلِحْ لِي كُلَّ حَالٍ، وَاخْتِمْ لِي بِالْحُسْنَىٰ، يَا أَكْرَمَ الْأَكْرَمِينَ.

Translation

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. All praise is due to Allāh, Lord of all the worlds. O, Allāh, send prayers and peace, bless and ennoble Your slave and beloved, our Master Mu□ammad, his companions and family, and extend them a salutation of peace.

O, Allāh, grant me patience at the time of affliction, satisfaction at the time of (Your) withholding, gratitude at the time of (Your) bestowal and humility at the time of expansion. And grant me, o, Allāh, that which no eye has seen, no ear has heard and what has not occurred to the heart of any human being. (Our Lord, we have wronged ourselves. And if You do not forgive us and have mercy on us, we shall surely be among the losers) (al-A rāf, 23). (Our Lord, upon You have we placed our trust. To You have we turned and to You is the ultimate return) (al-Mumtahinah, 4).

O, Allāh, strengthen me with Your support, make me firm with Your foundation, cause me to travel the path of the people who You have granted success, and rectify my every word, deed, intention and all my attributes. O, Allāh, ward off from me all diseases and cause me to attain every objective. And be, for me, as You are capable.

Translation

O, Allāh, make me firm upon the truth in all that I say. And make me firm upon the truth in all that I do. And make me firm upon the truth in all that I believe. Rectify my inner being. O, Allāh, treat me with Your grace. And rectify my every state. And cause me to die upon good, o, Most Generous of the generous.

The Sixth Circuit

بِسْــمِ اللّٰهِ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ، الْحَمْدُ لِلّٰهِ يَا رَبَّ الْعَــالَمِينَ. اَللّٰهُــمَّ صَــلِّ عَلَى سَيِّدِنَــا مُحَمَّــدٍ وَعَلَى آلِــهِ وَصَحْبِهِ وَسَلِّمْ.

اَللّٰهُــمَّ إِنِّي أَسْــأَلُكَ رَحْمَــةً مِنْ عِنْــدِكَ، تَهْدِي بِهَــا قَــلْبِي، وَتَجْمَعُ بِهَا شَــمْلِي، وَتَلُــمُّ بِهَــا شَــعْثِي، وَتُزَكِّي بِهَــا عَــمَلِي، وَتُبَيِّضُ بِهَــا وَجْهِي، وَتُلْهِمُنِي بِهَا رُشْدِي، وَتَعْصِمُنِي بِهَا مِنْ كُلِّ سُوءٍ.

اَللّٰهُمَّ إِنِّي أَسْــأَلُكَ إِيمَانًا يُبَــاشِرُ قَلْبِي، وَيَقِينًا صَادِقًــا حَتَّى أَعْلَمَ أَنَّهُ لَنْ يُصِــيبَنِي إِلَّا مَــا كَتَبْتَــهُ لِي، وَرِضًا بِمَا قَسَــمْتَهُ لِي. اَللّٰهُمَّ أَعْــطِنِي إِيمَانًا صَادِقًــا وَيَقِينًــا لَيْسَ بَعْدَهُ كُفْــرٌ، وَرَحْمَةً أَنَــالُ بِهَــا شَرَفَ كَرَامَتِكَ فِي الدُّنْيَا وَالْآخِرَةِ.

Translation

In he Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. All praise is due to Allāh, Lord of all the worlds. O, Allāh, send prayers upon our Master Muhammad ﷺ, his family and companions, and extend them a salutation of peace. O, Allāh, I ask You for mercy from Your presence, by which You will guide my heart, unite my faculties, restore me to good condition, purify my actions, illuminate my face, inspire me to right action and protect me from all evil.

O, Allāh, I ask You for faith that enters my heart and true sincerity until I know that nothing will happen to me except what You have decreed for me. And cause me to be satisfied with what You have apportioned for me. O, Allāh, grant me true faith and certainty after which there is no disbelief, and mercy by which I will attain the nobility of Your honor in this world and the Hereafter.

The Sixth Circuit

اَللّٰهُمَّ إِنِّي أَسْــأَلُكَ الــصَّبْرَ عِنْــدَ الْقَضَاءِ، وَالْفَــوْزَ عِنْدَ اللِّقَــاءِ، وَمَنَازِلَ الشُّــهَدَاءِ، وَعَيْشَ السُّــعَدَاءِ، وَالنَّصْرَ عَلَى الْأَعْدَاءِ، وَمُرَافَقَــةَ الْأَنْبِيَاءِ.
اَللّٰهُمَّ اجْعَلْنِي هَادِيًا مَهْدِيًّا غَيْرَ ضَالٍّ وَلَا مُضِلٍّ.

اَللّٰهُــمَّ إِنِّي أَنْزِلُ بِكَ حَاجَتِي، فَقَــدْ ضَعُفَ رَأْيِي وَقَصُرَ عَــمَلِي، افْتَقَرْتُ يَا اَللّٰــهُ إِلَى رَحْمَتِكَ، فَأَسْــأَلُكَ يَا قَــاضِيَ الْأُمُورِ، وَيَا شَــافِيَ الصُّــدُورِ، أَنْ تُجِيرَنِي مِنْ عَذَابِ النَّارِ وَفِتْنَةِ الْقَبْرِ.

اَللّٰهُــمَّ هٰذَا دُعَــائِي، وَمِنْكَ الْإِجَابَةُ، وَهٰــذَا الْجُهْدُ، وَعَلَيْكَ الــتُّكْلَانُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ الْعَلِيِّ الْعَظِيمِ.

Translation

O, Allāh, I ask You for patience at the time of the enactment of the decree, success when I meet (You), the ranks of the Martyrs, the life of the felicitous people, success against enemies and the companionship of the Prophets. O, Allāh, make me guided and guiding, and not misguided and leading other astray.

O, Allāh, I present to You my need. For my opinion has weekend and my actions have been deficient. I am in need, o, Allāh, of Your mercy. So, I ask You, o, You who decrees all matters, o, Healer of the breasts, to grant me safety from the punishment of the Fire and from the test of the grave.

O, Allāh, this is my supplication. And from You is the response. This is my effort, and upon You is my reliance. And there is no might nor capacity except in Allāh, the Most High, the Most Immensely Great.

The Seventh Circuit

بِسْــمِ اللّٰهِ، اَللّٰهُ أَكْبَرُ، اَللّٰــهُ أَكْبَرُ، اَللّٰهُ أَكْبَرُ، وَلِلّٰهِ الْحَمْــدُ، الْحَمْدُ لِلّٰهِ رَبِّ الْعَــالَمِينَ. اَللّٰهُمَّ صَلِّ وَسَــلِّمْ عَلَى سَيِّدِنَــا مُحَمَّدٍ وَعَلَى آلِــهِ وَصَحْبِهِ أَجْمَعِينَ.

اَللّٰهُــمَّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي لِسَــانِي نُورًا، وَفِي بَصَرِي نُورًا، وَفِي سَــمْعِي نُــورًا، وَعَــنْ يَمِينِي نُــورًا، وَعَنْ يَسَــارِي نُــورًا، وَمِنْ فَــوْقِي نُــورًا، وَمِنْ تَــحْتِي نُورًا، وَمِنْ أَمَامِــي نُورًا، وَمِــنْ خَلْفِي نُورًا، وَاجْعَــلْ لِي فِي نَفْسِي نُورًا، وَأَعْظِمْ لِي نُورًا.

اَللّٰهُــمَّ يَــا مُصَرِّفَ الْقُلُــوبِ صَرِّفْ قَــلْبِي إِلَى طَاعَتِــكَ. اَللّٰهُمَّ يَــا مُثَبِّتَ الْقُلُــوبِ ثَبِّــتْ قَــلْبِي عَلَى طَــاعَتِكَ. اَللّٰهُــمَّ إِنِّي أَعُوذُ بِكَ مِــنَ الْعَجْزِ وَالْكَسَلِ وَالْجُبْنِ وَالْبُخْلِ وَعَذَابِ الْقَبْرِ.

اَللّٰهُــمَّ أَنْتَ نَــفْسِي تَقْوَاهَــا، وَزَكِّهَا أَنْــتَ خَيْرُ مَــنْ زَكَّاهَا، أَنْــتَ وَلِيُّهَا وَمَوْلَاهَــا. اَللّٰهُــمَّ إِنِّي أَعُوذُ بِكَ مِنْ عِلْــمٍ لَا يَنْفَعُ، وَمِنْ قَلْبٍ لَا يَخْشَــعُ، وَمِنْ نَفْسٍ لَا تَشْبَعُ، وَمِنْ دَعْوَةٍ لَا يُسْتَجَابُ لَهَا.

اَللّٰهُــمَّ إِنِّي أَسْــأَلُكَ حُبَّــكَ، وَحُــبَّ مَــنْ يُحِبُّــكَ، وَحُبَّ الْعَمَــلِ الَّذِي يُبَلِّــغُنِي حُبَّــكَ. اَللّٰهُمَّ اجْعَلْ حُبَّــكَ أَحَبَّ إِلَيَّ مِنْ نَــفْسِي وَأَهْلِي، وَمِنَ الْمَاءِ الْبَارِدِ عَلَى الظَّمَإِ، يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

Translation

In the Name of Allāh. Allāh is the Greatest. Allāh is the Greatest. Allāh is the Greatest. All praise is due to Allāh. All praise is due to Allāh, Lord of all the worlds. O, Allāh send prayers upon our Master Mu□ammad, his family and companions altogether. O, Allāh, place in my heart a light, on my tongue a light, in my eyes a light, in my ears a light, on my right a light, on my left a light, above me a light, below me a light, in front of me a light and behind me a light. Place in my soul a light. And make grate, for me, my light.

O, Allāh, o, Controller of hearts, employ my heart in Your obedience. O, Allāh, o, You who makes the hearts firm, make my heart firm on Your obedience. O, Allāh, I seek refuge in You from incapacity, from laziness, from cowardice, from miserliness and from the punishment of the grave.

O, Allāh, grant my soul its God-consciousness, and purify it. You are the best One to purify it. You are its Patron and its Lord. O, Allāh, I seek refuge in You from knowledge that does not benefit, form a heart that is not humble, from a soul that is not satisfied, and from a supplication that goes unanswered. O, Allāh, I ask You for Your love, for love of those who You love and love of actions that will cause me to attain Your love. O, Allāh, make Your love more beloved to me than myself, from my family, and from cold water in a desert, Owner of majesty and honor.

The Seventh Circuit

اَللّٰهُمَّ نَـوِّرْ قَلْبِي، وَاشْرَحْ صَـدْرِي، وَأَيِّدْنِي بِرُوحٍ مِنْكَ، وَوَفِّـقْنِي لِمَحَبَّتِكَ وَرِضَـاكَ، وَثَـبِّتْنِي بِالْقَـوْلِ الثَّابِتِ فِي الْحَيَـاةِ الدُّنْيَا وَفِي الْآخِـرَةِ. اَللّٰهُمَّ اغْفِرْ لِجَمِيعِ الْحُجَّـاجِ وَالْمُعْتَمِرِينَ بِأَعْجَابِ الْعَطَايَـا، وَادْفَعْ عَنِّي وَعَنْهُمْ جَمِيعَ الْبَلَايَا، وَانْشُرْ بَيْنَهُمْ انْشِرَاحَ الصُّدُورِ، وَيَسِّرْ لَهُمْ جَمِيعَ الْأُمُورِ.

اَللّٰهُـمَّ أَظْهِـرْ آثَارَ قَبُولِ الْحَـجِّ وَالْعُمْرَةِ وَالزِّيَارَةِ فِي شُـؤُونِ الْمُسْـلِمِينَ وَجَمِيـعِ الْعَالَمِينَ فِي الْمَشَـارِقِ وَالْمَغَـارِبِ، بِرَحْمَتِكَ يَا أَرْحَـمَ الرَّاحِمِينَ. اَللّٰهُمَّ أَكْـرِمْ وِفَادَتَنَـا، وَأَعْظِمْ جَائِزَتَنَـا فِي الْوُفَادَةِ عَلَيْـكَ، وَعَلَى بَيْتِكَ الْحَـرَامِ وَالْمَشَـاعِرِ الْعِظَامِ. وَصَلَّى اللّٰـهُ عَلَى سَيِّدِنَا مُحَمَّـدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ.

Translation

O, Allāh, illuminate my heart, expand my breast, support me with a spirit from You, facilitate for me that which You love and with which You are satisfied, and make me firm with a firm word in the life of this world and the Hereafter. O, Allāh, immerse all those who perform the Hajj and Umrah, with Your amazing gifts. And ward off from me and from all of them all afflictions. And spread among them the expansion of the breasts. And facilitate for them all affairs.

O, Allāh, manifest the traces of acceptance of Hajj, 'Umrah, and visitation in the affairs of the Muslims and in all the worlds in the East and the West, through Your mercy, o, Most Merciful of the merciful. O, Allāh, honor our arrival and make great our reward upon our arrival before You and to Your Sacred House and the Great Rites. May Allāh send prayers upon our Master Muhammad ﷺ, his family and companions, and extend them a salutation of peace.

Supplication after the Sa’y

اَللّٰهُمَّ صَلِّ وَسَــلِّمْ عَلَى سَيِّدِنَــا مُحَمَّدٍ وَآلِهِ وَصَحْبِــهِ أَجْمَعِينَ. اللّٰهُمَّ أَعِــدْ عَلَيَّ عَوَائِدَ هٰذِهِ الْمَشَــاعِرِ، وَاجْعَــلْنِي مِنَ الْمَقْبُــولِينَ، وَأَمْطِرْ عَلَيَّ مِنْ سَــحَابِ جُودِكَ الْوَاسِــعِ، وَأَصْلِحْ لِي شَــأْنِي كُلَّهُ، وَادْفَــعْ عَنِّي كُلَّ شَرٍّ.

O, Allāh, send prayers and peace upon my Master Muhammad, his family and companions altogether. O, Allāh, return upon me the returns of these rites. And place me among those who are accepted. And rain upon me from the rainclouds of Your expansive generosity. Rectify for me my entire affair. And ward off from me every evil.

Coming Out of the Ihrām

Cutting (or shaving) your hair is a sign of your liberation from a previous stage, and the beginning of a new, clean slate. It is as if you have dropped something from yourself due to your renunciation of your old sins, through your intention to purify yourself of your sins, or of most of them. Now, it is possible to cut your hair; the length of a fingernail, or one centimeter. Or, you may shave, which is restricted to men. It is also more meritorious because the Messenger of Allāh ﷺ supplicated for the forgiveness and mercy on those who shave three times.

Contemplations

How would you describe the state of the love between you and Allāh جَلَّ جَلَالُهُ before and after 'Umrah?

What is it that you intend to maintain after the 'Umrah, which is between you and Allāh جَلَّ جَلَالُهُ?

What is it you intend to maintain in your heart? What is it you intend to maintain between you and people?

Places That It is Possible to Visit in Makkah al-Mukarramah

Visiting the grave of our Lady Khadījah (may Allāh be pleased with her) in the al-Mu'allāh Graveyard.

اَلــسَّلَامُ عَلَيْــكِ وَرَحْمَةُ اللّٰــهِ وَبَرَكَاتُهُ يَا زَوْجَةَ رَسُــولِ اللّٰــهِ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ.

May the peace, mercy and blessing of Allāh be upon you, o, wife of the Messenger of Allāh ﷺ.

اَلــسَّلَامُ عَلَيْــكِ وَرَحْمَةُ اللّٰــهِ وَبَرَكَاتُهُ يَــا أَوَّلَ مَنْ آمَنَ بِاللّٰهِ وَرَسُــولِهِ مُحَمَّدٍ مِنَ النِّسَاءِ.

May the peace, mercy and blessing of Allāh be upon you, o, first of women to believe in Allāh and His Messenger ﷺ.

اَلسَّلَامُ عَلَيْكِ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ يَا صَاحِبَةَ الْعَقْلِ الْوَافِرِ.

May the peace, mercy and blessing of Allāh be upon you, o, possessor of ample intellect.

اَلسَّلَامُ عَلَيْكِ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ يَا سَيِّدَتَنَا خَدِيجَةَ رَضِيَ اللّٰهُ عَنْهَا.

May the peace, mercy and blessing of Allāh be upon you, o, our Lady Khadījah (may Allāh be pleased with her).

اَلسَّلَامُ عَلَيْكِ يَا أُمَّ الزَّهْرَاءِ، اَلسَّلَامُ عَلَيْكِ يَا أُمَّ الْقَاسِمِ.

Peace be upon you, o, mother of the Radiant One. Peace be upon you, o, mother of al-Qāsim.

اَلسَّلَامُ عَلَيْكِ يَا أُمَّ عَبْدِ اللّٰهِ الطَّيِّبِ الطَّاهِرِ.

Peace be upon you, o, mother of ʻAbdullāh, the pure and blessed.

اَلسَّلَامُ عَلَيْكِ يَا أُمَّ زَيْنَبَ وَرُقَيَّةَ وَأُمَّ كُلْثُومٍ.

Peace be upon you, o, mother of Zaynab, Ruqayyah and Umm Kulthūm.

اَلسَّلَامُ عَلَيْكِ يَا أُمَّ فَاطِمَةَ سَيِّدَةَ نِسَاءِ الْعَالَمِينَ.

Peace be upon You, o, mother of Fātimah, the leader of the women of all the worlds.

اَلسَّلَامُ عَلَيْكِ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ بِمَا طَهَّرَكِ اللّٰهُ وَاصْطَفَاكِ.

May the peace, mercy and blessings of Allāh be upon you, for that Allāh purified and chose you.

اَلسَّلَامُ عَلَيْكِ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ يَا مَنْ قَالَ عَنْكِ سَيِّدُ الْوُجُودِ صَلَّى اللّٰهُ عَلَيْهِ وَآلِهِ وَصَحْبِهِ وَسَلَّمَ: «قَدْ آمَنَتْ بِي حِينَ كَفَرَنِي النَّاسُ، وَصَدَّقَتْنِي حِينَ كَذَّبَنِي النَّاسُ، وَوَاسَتْنِي بِنَفْسِهَا وَمَالِهَا – فَوَاللّٰهِ – مَا أَبْدَلَنِي اللّٰهُ خَيْرًا مِنْهَا».

May the peace, mercy and blessings of Allāh be upon you, o, you about whom the Master of Existence ﷺ said, "She believed in me when people denied me. She confirmed my truthfulness when people belied me. She supported me with herself and with her wealth. So, no, by Allāh. Allāh has not granted me better than her."

«اَلسَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَإِنَّا إِنْ شَاءَ اللّٰهُ بِكُمْ لَاحِقُونَ، أَسْأَلُ اللّٰهَ لَنَا وَلَكُمُ الْعَافِيَةَ».

Peace be upon you, o, people of the abodes among the believers and the Muslims. Indeed, we will, if Allāh so wills, meet up with you. I ask Allāh for wellbeing for both you and us.

When visiting the grave of our Lady Khadījah (may Allāh be pleased with her), there are some considerations:

It is permissible for men (without restriction). However, when it comes to women, there are two different opinions. The first is that it is not permitted. The second is that it is permitted with as long as one observes the etiquettes of visitation without wailing or undoing one's clothes. For our Prophet ﷺ permitted our Mother, 'Ā'ishah (may Allāh be pleased with her) to visit her brother 'Abd al-Rahmān. Also, one should not travel to visit graves alone. And it should be known that this visitation is not from the acts of 'Umrah and visitation.

The Cave of Hirā'

The Cave of Hirā' is a small gave in the interior of a large mountain named "The Mount of Light". This cave is a very illuminated and blessed place. You will feel some changes and distinctions when you visit it. It should suffice you that it is the place of retreat of the Messenger of Allāh ﷺ, to which he would go and the place of his seclusion. He used to separate himself from Quraysh, their evil ways, their thoughts and their customs. He would contemplate and meditate on the Creator of this universe. He would gaze upon Heaven, the stars and the created things in this universe. Without doubt, this universe has a singular Lord. While in that state, the greatest event in history happened. By a command from Allāh ﷻ, Jibrīl (peace be upon him) descended with revelation to the Prophet Muhammad ﷺ. He said to him: (Recite in the name of your Lord who created) (al- Alaq, 1). These are the words that changed humankind. What was revealed was among the revelation and was the beginning of the Islamic Message.

Sources

Kitāb ‘Umrah li Awwal Marrah

Awrād Bā’Alawī

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Your First ‘Umrah

Your First ‘Umrah

Between the covers of this book, you will find a call to feel the greatness of the Sacred House of Allāh and the beauty of meeting him. It is a call for you to live the rites of ‘Umrah with a present heart and unburdened limbs, and for you to bring to mind that you are the guest of the Most Merciful ﷻ. We hope that this friendly call will take you by the hand throughout the rites of Tawāf and Sa’y, and will allow you to retrace the footsteps of our Lady Hājar when she was searching lifegiving water. And it will remind you of the Prophet of Allāh, Ibrāhīm (peace be upon him), when he left everything for Allāh, alone. And it will open up the doors of supplication and conversations (with your Lord), so that you may return from this journey having laid down your past burdens, and as if you have been reborn.

رُوحٌ وَرَيْحَانٌ

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